

The Morning Calm Weekly

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Aug. 19, 2005

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SGLI maximum coverage increases to \$400,000

Special to The Morning Calm Weekly

Eighth U.S. Army G1

Effective Sept. 1, the maximum coverage under Servicemembers' Group Life Insurance will increase from \$250,000 to \$400,000.

On the effective date, all members eligible for SGLI will become insured for the maximum coverage of \$400,000 until they make a valid election on or after the effective date to reduce or decline coverage. Thus, all members will be fully insured for \$400,000 throughout the month of September, regardless of any election filed that month.

SGLI coverage is currently available in \$10,000 increments, but as of Sept. 1, the increment amount will increase to \$50,000.

The monthly SGLI premium remains \$3.25 per \$50,000 of coverage. Troops opting for maximum SGLI coverage — \$400,000 vs. the current \$250,000 — will see their monthly premiums

increase from \$16.25 to \$26.

These changes will not affect coverage under Family SGLI. Such coverage, and limitations on such coverage, continue under previously existing rules.

Existing beneficiary designations remain effective in the same proportion to \$400,000 as the proportion of total beneficiary designations stipulated under the last valid SGLV 8286.

Such beneficiary proportional designations remain effective until a new form SGLV 8286 (September 2005 version) is properly completed on or after Sept. 1.

A member who does not make an election to reduce or decline coverage from the \$400,000 level before Oct. 1, will be charged for the full \$400,000 of coverage for September (\$26), as well as for any other month in which the level of coverage remains in effect.

For information, contact the local personnel office.



ROGER EDWARDS

Fit to Flight

Twelve-year-old Christina Deren uses handholds and footsteps to climb an Osan Aero Club Cessna 172 aircraft and check the fuel level from the top wing port. Christina and Bell Evans, a private pilot with 300 hours flying time, are doing a pre-flight check on the aircraft before he takes it out later in the day. For related story, see Page 23.

Negative effects of smoking not deterring servicemembers

Younger enlisted among most likely tobacco users

By Samantha L. Quigley

American Forces Press Service

WASHINGTON — The lung cancer death of broadcaster Peter Jennings, an admitted long-time smoker, has again brought smoking and its dangers to the forefront of public consciousness.

While an estimated 25 percent of Americans smoke, the military's numbers hover at 34 percent, according to Col. Gerald Wayne Talcott with the Air Force Medical Support Agency, in Falls Church, Va. That's an increase of 4 percent for the military since 2002.

"We do have a higher prevalence of smoking for our youngest people in the military," Talcott said. "Now, if you look at officers, that's not the case. But for our youngest members, that's our E-1s through E-4s ... the overall prevalence is a little bit higher than the national average."

"It's a good suspicion" that the war is a factor in

the increase of military smokers, he added.

Servicemembers who smoke often claim it's a stress reliever. Talcott said that might be true, but only for people who already are addicted. Before addiction occurs, smoking actually increases stress on the body, he explained.

Smokers may see their habit as a personal risk, but it affects force readiness, Talcott said. Even among smokers who have no ongoing diseases related to smoking, it impairs night vision, weakens the immune system and can lengthen healing time. Smokers also may have more frequent upper-respiratory ailments.

Tobacco use also affects families, the colonel said. "We have a lot of young people that are just starting families," Talcott said. "It has an impact on those young children as well. If you're smoking around them, their risk for upper respiratory infections goes up as well."

Smoking is a deceptive risk for younger people,

since they don't necessarily feel the immediate ramifications. But, if a smoker quits, as more than 50 percent of Defense Department personnel who smoke have expressed a desire to do, there are benefits to be reaped.

"Your body has a very recuperative ability," Talcott said. "We have a very young population, so the sooner you quit and the less amount of time you smoke, the faster your body repairs itself. Within 10 to 15 years (of quitting smoking) your risk for cancer, if you quit early enough ... is almost the same as it would be for a nonsmoker."

Servicemembers have multiple excuses for not quitting. The fear of failure or a failed first attempt often keeps smokers from trying to quit again, Talcott said. However, he said, a failure does not mean that a second, or even a third, attempt is going to fail.

"You aren't always successful the first time," he

See **Smoking**, Page 4

Say 'yes' when answering call of duty

By Command Sgt. Maj. William Grant

Task Force Baghdad

BAGHDAD, Iraq — During this time in the history of our Army when recruiting is facing an unprecedented challenge, the need for great Americans to join or remain in the ranks of this team (the Army) is paramount.

However, the call to duty brings with it responsibility, commitment, dedication and personal courage.

What does it take to be a Soldier in today's Army? I would tell you that it takes saying "yes" regarding those things that are good, true and team supporting.

We all said "yes" when our journey began in uniform, regardless of how long ago that decision was made. That "yes" was made with our limited perspective on what the future had in store for us.

"I solemnly swear to support and defend the constitution of the United States of America against all enemies foreign and domestic ... so help me God."

These are very interesting words, especially in the situation in which we find ourselves today.

We say "yes" when faced with the prospect of promotion, understanding that much more would be required of us. We say "Oooh yes" when our raises hit the bank, thus increasing our buying power.

Yet, are we continuing to say yes during these times of getting down to the business of supporting and representing ourselves well in light of the opening statement?

The call to duty comes in different shapes and sizes, yet the endstate is common for all concerned.

I believe that duty comes easy when we understand the "why" and the impact of an action on the big picture.

I believe it's easy to say yes to the call to duty when Soldiers realize that they are integral members of the team. Therefore, I believe that Soldiers will gravitate in and around duty in direct proportion to the command climate they exist in.

I believe we are doing well in that area here in the Marne Division and Task Force Baghdad

Are there key points of reference in your professional endeavors that require a "yes" that would move you to the next level?

I don't normally end in this manner, but consider these ideas to repeated comments from the old "Arsenio Hall Show" — this is something that makes you go "hmmmm."

(Editor's note: Command Sgt. Maj. William M. Grant is the Task Force Baghdad and 3rd Infantry Division command sergeant major.)

Koreans celebrate liberation

By David McNally

Area I Public Affairs Office

Monday was yet another holiday in the Republic of Korea. I was curious when I saw city workers putting up Korean flags on almost every light pole around.

What was the reason for the celebration, I wondered.

As it turns out, Koreans celebrated the 60th anniversary of the peninsula's liberation from Japan Monday with a national holiday.

How many years would it take for the Koreans to get over what happened in the past, I asked myself.

What I didn't realize is what an emotional issue this is to the Korean people. Many Americans may not know what happened when Korea's ambitious neighbor to the south felt the right to occupy the Land of the Morning Calm. I decided to hit the books to find out what really happened.

The Japanese Empire announced its unconditional surrender to the Allied powers Aug. 15, 1945. The day effectively marked the end of a bitter Japanese colonization of Korea.

According to "The History of Korea," a comprehensive textbook I found in our post library, the path to Japanese occupation was well underway by 1904.

A combination of the weak Korean monarchy and foreign interference laid the blueprint for the fall of Korea.

At the outbreak of the Russo-Japanese War, Korea proclaimed her neutrality to the world. Nevertheless, Japan sent troops into Seoul in large number, and forced the Korean government to sign the Korea-Japan Protocol Feb. 23, 1904, in which it was agreed that Japan could interfere in Korea's domestic affairs and could expropriate lands in Korea for strategic use if the need arose, states the history book.

The Japanese Empire consolidated its colonial



DAVID McNALLY

Korean flags are displayed throughout the country in recognition of Liberation Day Aug. 15.

powers in Korea by Oct. 1, 1910. By that time, they had in place a "Government-General," which replaced the Korean monarchy.

The Japanese claimed lands in Korea, and sold them at low prices to Japanese farmers. Soon a large number of Japanese businessmen and entrepreneurs immigrated to Korea. Japan took control of newspapers and magazines. The colonial government gave Japanese logging companies great tracts of land, which soon became devastated.

I learned that life was grim for the Korean people. They struggled to tell the world of the injustice of their occupation. No one would listen.

By 1919, Korean patriots announced a formal declaration of independence. This single

event led to a wave of national protests and independence struggles. Japan reacted with force. Japanese military police strafed demonstrators with bullets, arrested and executed movement leaders, and systematically killed their family members. Hundreds of Koreans were killed.

Soon after, the Japanese attempted to camouflage their militaristic colonization. The Japanese military police became a civilian police force. The colonial masters removed the requirement for Japanese teachers to wear police-like uniforms with sabers attached. However, they finally banned the teaching of Korean language and history.

I learned how Korean fathers and mothers were forced to give their children Japanese names at birth. I started to understand how very important this holiday is to the Korean people.

Although Koreans have endured many hardships during a 5,000-year history, none have been so great or threatening as the potential loss of identity, culture and language.

The Koreans are a proud people, and rightly so. I think I can understand the reason Aug. 15 is seared into the national psyche.

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Support and Defend

NEWS & NOTES

Air Force Ball

The inaugural Air Force Ball will be held at 6 p.m., Sept. 15, at the Grand Hyatt Hotel, Seoul. Tickets are \$60 for civilians and military E-5 and above, \$45 for military E-4 and below. Dress for the event is Mess Dress for military personnel and formal wear for civilians. The ball will be hosted by Lt. Gen. Garry R. Trexler, commander U.S. Air Forces Korea.

**USO Positions
Seek Applicants**

USO Korea is seeking to fill two positions with their organization: Director for Program and Marketing, and an Information, Tickets and Tours manager.

The director for Programs and Marketing would be responsible for the development, planning, implementation and monitoring of all program and marketing activities for USO Korea, including development and coordination of country-wide and center-based outreach and program activities, fundraising, advertising, media relations, grant writing and special events. The ITT manager would be responsible for planning, developing, organizing, implementing and evaluating Korea-wide tour and leisure programs.

Anyone interested in either of these positions may submit a cover letter and resume by e-mail to usokorea22@kornet.net. Resumes may be mailed to USO Korea, PSC 303, Box 53, APO AP96204

**MWR Cable
Scheduled Outage**

MWR Cable television service will be down 2-5 p.m. Tuesday, at Yongsan and Hannam Village for an equipment upgrade. For information, call 738-2288.

509th PSB Helpline

The 509th Personnel Services Battalion is now offering a call-in service for personnel questions regarding redeployment orders, promotions, clearing and more. On post, call 550-4747. Off post or from a cell phone, call 0505-724-4747.

The line operates from 6 a.m. until 9 p.m., Monday through Friday. After hours and on weekends, callers may leave a message and will be contacted by PSB staff when the office reopens.

**Morning Calm Weekly
Submissions**

Send Letters to the Editor, story submissions and other items to MorningCalmWeekly@korea.army.mil. Submissions may also be mailed to: The Morning Calm Weekly c/o IMA-KORO Public Affairs Unit #15742 APO AP96205-5742

Deadline for submission is close of business the Friday prior to the date the item is to be published. For information, call 738-3355.

2ID Soldiers visit Denver Broncos training camp

By Spc. Clint Stein

Army News Service

FORT CARSON, Colo. — Over the past couple of weeks Soldiers of the 2nd Brigade, 2nd Infantry Division have left Iraq and been welcomed to Fort Carson with open arms. A handful were also welcomed to the Denver Broncos' training camp.

The Soldiers stood on the sidelines in awe as they watched some of the NFL's superstars workout during a Monday-morning practice in Englewood where they were hosted by the team's quarterback, Jake Plummer. The Soldiers were able to enjoy unobstructed views of the team's practice as they were treated to an array of VIP services.

When the morning's practice came to a close, Mike Shanahan, the Broncos' head coach, called for all the players to gather around the Soldiers. Shanahan thanked the Soldiers by saying he appreciated what sacrifices they have made for him, his players and the rest of America.

"If not for the sacrifices of guys like you, we couldn't live in a great country like this," said Shanahan.

Then, when Shanahan released the hungry players for lunch, the Soldiers were surrounded by the entire Broncos team whose members were giving their thanks with handshakes of appreciation and photo opportunities.

Despite the break for lunch, the VIP service treatment for the Soldiers didn't stop. The Soldiers were treated to lunch in the team's own dining facility where they sat and ate with Plummer and other Broncos players.

As Soldiers and players ate, they swapped war stories over the dining-room table. Plummer asked about the Soldiers' experiences in Iraq, while the Soldiers asked

"It's amazing what you guys go through. You're true heroes."

Jake Plummer
Denver Broncos quarterback



BY SPC. CLINT STEIN

Spc. D. Williams, 2nd Brigade Combat Team, shakes hands with Denver Broncos' quarterback Jake Plummer after the Broncos' morning practice at the team's training camp in Englewood. Several members of the 2nd BCT were invited to attend the practice by Plummer.

Plummer about his experiences as a professional quarterback.

"He's (Plummer) such a down-to-earth guy," said Staff Sgt. Charles McMillen, who is a lifelong Broncos fan. "It was cool to be able to get close and be able to talk with him."

During their conversation over lunch, Plummer said he was the one who felt honored to be at the table.

"It's amazing what you guys go through. You're true heroes," Plummer said.

By the time the Soldiers had finished their lunch and visit with some of the Broncos' players and staff, they had collected enough signed Broncos memorabilia and memories to last their lifetimes.

About 3,500 Soldiers of the 2nd Brigade Combat Team, 2nd Infantry Division, are being stationed at Fort Carson. Just over a year ago, the 2nd BCT left Area I in Korea to serve in Iraq.

(Editor's note: Spc. Clint Stein is a member of the Mountaineer newspaper staff.)



GWEN SMALLS

Taking Charge

Incoming 304th Signal Battalion Commander Lt. Col. Anthony F. Beck receives the battalion flag from Col. LaWarren V. Patterson, 1st Signal Brigade commander. The change of command was held Aug. 9 at Camp Colbern located in Hanam-shi, near Seoul. A native of Arkansas, Beck has served in the Republic of Korea several times during his career. His second assignment was with the 2nd Infantry Division, where he served as a cavalry squadron signal officer and the division signal battalion company commander. After an assignment with U.S. Army Recruiting Command in Omaha, Neb., Beck came back to Korea as the deputy G6 for 19th Theater Support Command and operations officers for 122nd Signal Battalion.

For this latest assignment, Beck replaced Lt. Col. Clinton R. Bigger as commander of 304th Sig. Bn. Bigger's next assignment will be as deputy brigade commander, 1st Signal Brigade.

Open Wide



U.S. Army PHOTO
Dental staff checks an Iraqi child as part of a medical screening conducted by Soldiers from the Stryker Brigade Combat Team in Mosul Tuesday.

Majors should begin preparing for Sept. 6 promotion board

Special to The Morning Calm Weekly
Eighth U.S. Army G1

The Major Promotion Board is rapidly approaching. Eligible captains should be reviewing their records and ensuring all documents are in place. The Major Selection Board will convene Sept. 6. Particulars for the FY06 major board include:

Zones of consideration: All captains with a date of rank between 01OCT99 and 01JUN00 will compete in the Promotion Zone. Those officers with a DOR 30SEP99 and earlier will compete above the zone. Captains with a date of rank of 02JUN00 and 31MAR01 will compete below the zone.

Officer Record Brief: Signed ORBs are not required. Eligible officers must certify their board files electronically using MBF.

My Board File: Eligible officers can now review their entire board files at <https://www.hrc.army.mil> by selecting the MBF icon. This allows officers in the zones of consideration to view the performance section of the Official Military Personnel File, photo and Officer Record Brief. To sign-in, officers must use their AKO log-in and password.

Evaluation Reports: In order to be eligible for consideration by the board, all mandatory or optional OERs must be received, error-free, in the Evaluation Reports Branch no later than Aug. 26.

Official Photo: All officers are encouraged to review their photo and/or submit a new one in accordance to AR 640-30, if required.

Now is the time to make sure all records are in order and accurately updated.

Smoking

from Page 1

said. "What we know is that it seems like the more people try to quit, the more likely they are to quit successfully."

Some smokers, especially women, are afraid to kick the smoking habit out of fear that they will gain weight as a result. That's not a good enough excuse, Talcott said. A person would have to gain 100 pounds to equal the negative health effects of continued smoking, he said.

Nor is the weight-gain theory necessarily true. Among recruits in basic training — where smoking is disallowed, meals are controlled and exercise is a must — there is virtually no weight gain, Talcott said.

Help is available for those who wish to quit but think they need help. DoD offers smoking cessation

classes in nearly all medical treatment facilities, and nicotine-replacement therapies are available.

DoD also is working with primary care physicians to help them spot tobacco use early and provide messages about quitting. The TRICARE Web site, www.TRICARE.osd.mil, also offers information on why kicking the habit is a good idea and how to quit.

The military also is working to make smoking less attractive by hitting servicemembers who smoke in the wallet. The Army and Air Force Exchange Service is restricted to discounting tobacco products no more than 5 percent below what they would cost outside a military installation. This is a change from deeper discounts that were once offered, officials said.

AD
GOES
HERE

2ID troops learn to survive, succeed



Pfc. Paul Esparza

Guards lead a "prisoner" to a building where opposing forces interrogators await him.

By Spc. Chris Stephens

2nd Infantry Division Public Affairs

CAMP STANLEY — Survive, evade, resist and escape were watchwords for Wolfpack Soldiers Aug. 4-6 at Camp Stanley.

Soldiers from Battery D, 1st Battalion, 38th Field Artillery Regiment went through an introductory Survival, Evasion, Resistance and Escape course to learn how to react to possible capture by enemy forces.

"We wanted the Soldiers to understand what they need to do, once behind enemy lines, to survive, evade capture and if captured, resist all attempts by the enemy to extract mission-essential information from them," said Capt. Augustus Tutu, battery commander.

Throughout the week, Soldiers received instruction on survival and evasion, Law of Land Warfare and the Code of Conduct.

"The Code of Conduct is the most important thing," said Chief Warrant Officer Eddie Giron, prison commandant for the exercise. "It's something everyone needs to live by if captured."

After the classroom instruction portion of training, the practical exercise began. Instructors dropped the participants off miles outside of Camp Stanley and told them to find their extraction points by midnight and to evade capture from the opposing forces until morning.

If the students were captured, enemy guards took them to a mock prisoner-of-war camp, where they were sprayed with hoses, made to

perform hard labor and interrogated by military police acting as OPFOR.

"We hosed them down with water to give them the initial shock, beginning their mental stress," Giron said. "Throughout the exercise, we did what we could to push their buttons."

Hard labor tasks included moving sandbags and digging up posts. Prison guards loomed over the Soldiers, shouting and shoving to ensure prisoners continued to work. The task of moving sandbags proved fruitless for the laborers; when one prisoner would move a sandbag to a new pile, another prisoner would move it right back.

"If the task is futile, it plays on the Soldier's mind," Giron said. "It's another tool the enemy might like to use against prisoners so they can get what information they need out of them."

When guards felt the Soldiers were ready to answer a few questions, they escorted the prisoners to a building where military police waited to interrogate them. To enhance mental stress, many of the Soldiers had to wait in a small room while guards banged on the door. Once the MPs were ready, Soldiers were taken into the room one at a time.

"What was your mission?" asked Cpl. Robert Maxfield, 55th Military Police Company, during a mock interrogation.

"To serve the people of the United States of America," a student prisoner responded.

See **Survival**, Page 6

Thunder Inn rolls into Camp Casey

By David McNally

Area I Public Affairs

CAMP CASEY — Second Infantry Division artillerymen welcomed the new "Thunder Inn" dining facility Monday with a surf and turf inaugural lunch.

The FIRES Brigade, formally known as DIVARTY, is in the process of moving from Camp Stanley to Casey. A major step toward completing the move is the grand opening of a place to eat.

"It took us about two weeks to make the move from Camp Stanley," said Staff Sgt. Lorenzo Greenwood, dining facility manager.

Some of the first customers through the door were Spc. William Chitty and Pvt. Brian Vorderburg.

"They did a good job," Vorderburg said. "The food is good."

Vorderburg's plate was covered with huge steaming crab legs and a tender steak.

"We had meals like this at Stanley for special occasions," Chitty said.

Greenwood said he was proud of his staff.

"It was a lot of work," he said. "We're still trying

to deal with getting all the equipment set up."

Much of the cooking equipment from the staff's former dining facility used 110 volt power; however, in the new building the old equipment used 220 volt.

"It's causing a lot of power surges," Greenwood explained. "We did the best we could to get the dining facility open."

The dining facility, located in Building S-0033 near the H221 Heliport, used to belong to the 1st Battalion, 15th Field Artillery Regiment. Greenwood said they took much of the cooking equipment and supplies with them when they vacated the building.

"I looked around in other buildings here to come up with the equipment we needed," he said.

Greenwood said he hopes to feed around 300 Soldiers a day.

"This morning we had about 110 Soldiers, but that's probably just a matter of getting the word out," he said.

There are 19 Soldiers working at the Thunder Inn. Some FIRES Brigade cooks are still at Camp Stanley.

Officials said they would like to make Thunder



DAVID MCNALLY

Spc. William Chitty (right) and Pvt. Brian Vorderburg, both of FIRES Brigade, enjoy lunch at the new Thunder Inn dining facility Monday.

Inn the best dining facility on Camp Casey.

"We were the number one dining facility at Camp Stanley," Greenwood said. "We can make that happen."

email david.mcnally@us.army.mil

NEWS & NOTES

Alcohol Restrictions

General Order No. 1 is in effect through Sept. 3 for all U.S. and Korean Augmentation to the U.S. Army Soldiers in Warrior Country. No alcohol will be consumed during this time. Officials said this restriction will not apply to U.S. Air Force personnel, Department of Defense civilians or contractors.

Labor Day Events

Tito Puente Jr., the son of the famous latin star, will perform live at 7 p.m. Sept. 5 at Camp Casey. Find out more about this salsa performer at <http://www.titopuentejr.com>.

CRC Block Party

Celebrate Labor Day at Camp Red Cloud with live bands, food booths, a chili cook-off, door prizes, a tae kwon do demonstration, sporting events and inflatable games. The featured band is "Wide Awake," courtesy of Armed Forces Entertainment. Events start at noon Sept. 5 near Mitchell's Sports Grill.

Mitchell's Sports Grill

Starting in August Camp Red Cloud Mitchell's Sports Grill will feature:
■ A peel-n-eat shrimp special. Look for a half pound of shrimp served with cole slaw, ice tea or lemonade for \$8.95 from 5-8 p.m. Mondays.
■ 10-cent Wing Night will be Tuesdays and Fridays.

FAST Class for Test Score Improvement

The Camp Red Cloud Education Center will offer a class to help improve your Army General Technical score from 8 a.m.- 5 p.m. Monday thru Aug. 26. Education center officials will offer a pretest at 8 a.m. every Monday. Contact the center for information.

Band seeks Vocalist

The 2nd Infantry Division Warrior Band is looking for a male vocalist. Soldiers E-3 to E-6 with at least six months remaining in Korea are eligible. Soldiers must:

■ Be able to sing the National Anthem in Bb (starting pitch is an F), the Warrior March and the Army Song.
■ Present a professional appearance and meet the standards set by AR 600-9.

■ Obtain the consent of their command to be released to the band before auditioning.

Auditionees also may sing a song in a style of their choosing. Once accepted for the position, the Soldier will be attached to the band. Warrior Band vocalists sing at ceremonies, as well as with the concert band and other ensembles as their talents warrant. Contact Band Operations at 732-6695 or 011-9497-0292.

Incheon Shuttle Service

The Camp Red Cloud Incheon Express Shuttle now departs CRC at 7:05 a.m. instead of at 6 a.m.

Officials urge traffic safety

By David McNally

Area I Public Affairs

CAMPRED CLOUD — Area I officials are urging drivers to use extreme caution and strict adherence to Korean traffic laws when entering the main gate.

Many drivers cross the double yellow line and drive down the opposite side of the road while rushing to make a left turn into the Camp Red Cloud main gate while the traffic signal is green.



PHOTO ILLUSTRATION BY DAVID MCNALLY

Many drivers decide not to wait for a clear, legal path into the Camp Red Cloud main gate. Military officials said if drivers continue to enter the installation with an illegal left turn, their base driving privileges could be revoked.

"It really is extremely unsafe accessing CRC in the morning," said Lt. Col. William Huber, U.S. Army Garrison, CRC commander.

The offenses, while they occur outside the installation, could affect on-post driving privileges.

The U.S. Army military police are monitoring the situation, talking with offenders and taking down license plate numbers, Huber said.

If warnings go unheeded officials said they would consider revoking installation driving privileges.

Sgt. Maj. Ricardo Soto-Acevedo, CRC garrison sergeant major, said he wondered if people who drive like that off post, will drive like that on post.

"Their driving habits don't just change once they come through the gate," he said. "Driving on post is a privilege."

"This is especially a problem in the mornings," Huber said. "We have been extremely lucky there have been no accidents or someone killed."

Route 39, the four-lane highway outside the CRC main gate is loaded with heavy traffic during most of the day. Because there is a left-turn signal into the installation, but no left-turn lane, it is possible to have a green light and still have to wait. Most cars are not entering the base, but continuing straight.

Huber urged drivers to be patient. "People need to wait until they have a green left-turn signal and a clear way to use it," he said. "Going down the wrong side of the road just to save a couple of minutes is not worth it."

Most incoming base traffic during the morning rush hour is from Korean employees and U.S. civilian workers.

Huber wants all drivers to understand he is concerned with their safety. "Our luck may run out if we do not get this under control," he said.

E-mail david.mcnally@korea.army.mil

For customers only



DAVID MCNALLY

Garrison officials emphasized the Camp Casey Main Exchange and Commissary parking lot is for customers only. Lt. Col. Terry Hodges, U.S. Army Garrison, Camp Casey commander, said military vehicles cannot use the area for parking at any time. The garrison designated a parking lot near Maude Hall for exchange and commissary employees.

Survival

from Page 5

"Wrong answer!" Maxfield shouted.

"Playing the role of an interrogator, my job was to try to get basic information out of the prisoners," Maxfield explained. "We used bribery tactics to try to get anything we could out of them. We tried to make them as uncomfortable as possible, but none of them budged."

After interrogation, prisoners were sent back outside to continue hard labor because they would not give any information.

Giron said his goal in training Soldiers

is to instill the will to survive. "Maintain fellowship with your fellow prisoners and find something to take your mind off the task at hand," he said. "Do something to get your mind off the pain you're going through."

For prisoner Pfc. Daniel Ward, small victories were the key to keeping up his will to survive.

"A little victory is a lot bigger than it seems," Ward said. "It's something that can keep you going that much longer."

After the exercise ended, participants

and cadre reflected on the training.

Tutu said one of the biggest lessons students learned was the value of teamwork.

"Teamwork is very important throughout all four stages of S.E.R.E.," Tutu said, "either when alone communicating with the extraction team during your evasion, or in a group establishing a Chain of Command and duties once captured."

E-mail chris.stephens@korea.army.mil

Warriors invade Sungnam Golf Course as ...

Area I golfers hit the links

By Spc. Stephanie Pearson

Area I Public Affairs

SUNGNAM — Area I Soldiers and civilians joined locals on the links Aug. 10 at the Sungnam Golf Course for a friendly tournament.

The participants from Headquarters and Headquarters Company, Area I, hosted the tournament to raise unit funds, said Sgt. 1st Class Daniel Murrah, event organizer.

"The funds will go toward holding company events, buying company T-shirts and other morale events for the Soldiers," he said.

The tournament was divided into two competitions, one in the morning and one in the afternoon.

"The morning tournament was mostly non-U.S. affiliated players," Murrah said, "but in the afternoon we had a lot of U.S. military, Korean National Police and even some of the cast of the show Phantom of the Opera."

Capt. James N. Wright III, company commander, said the event was a good opportunity to interact with the Korean community.

"This tournament was not only a fundraiser, but also an event to bridge the cultural gap with our Korean hosts," Wright explained.

Winners took home prizes for best overall score, best female score, longest drive, closest to the pin and worst overall score. One of the sponsors enticed

competitors with a brand-new Lexus 330 to any player who scored a hole-in-one, but no one could meet the challenge. Army and Air Force Exchange Service and Morale, Welfare and Recreation also donated baseball hats, golf balls, towels, phone cards and dinner tickets from Mitchell's Club as door prizes.

Wright said his company raised over \$3,500 at the tournament, the most they have raised at one event.

"The tournament was very successful," Murrah said. "We raised a lot of money, and everyone enjoyed themselves."

Pvt. Dustin Rutledge, HHC, Area I, said the best part of the day was getting to play at Sungnam.

"The golf course is awesome, just gorgeous," Rutledge said. "I'd never heard about it before this tournament, and would never have made it down here otherwise. The greens were great, there were a lot of hazards, and the rough was very tall. It was challenging but fun."

Sungnam Golf Course is an MWR facility located 18 miles southeast of Yongsan Garrison. The course offers 18 holes in over 7,000 yards; a clubhouse with locker room and shower facilities; a 20-stall covered driving range; two practice putting greens and practice sand bunker; a full-service pro shop; a fleet of 100 electric golf carts; caddie service; golf lessons; and full dining and banquet facilities.

For information about Sungnam Golf Course, call 736-3483.

E-mail stephanie.a.pearson@us.army.mil

"The golf course is awesome, just gorgeous ... It was challenging but fun."

— Pvt. Dustin Rutledge



SPC. STEPHANIE PEARSON

Torben Brookman, of the Seoul production of "Phantom of the Opera," chips his ball onto the green at the Area I Invitational Golf Tournament Aug. 10.

Below: First Sgt. Phillip Losalio, Headquarters and Headquarters Company, Area I, plays the course at Sungnam.



Pvt. DUSTIN RUTLEDGE

Kids learn 'Safety First' through Bike Safety Rodeo



PHOTOS BY CPL. SEO KI-CHUL

Evan Boone, middle, is about to start a bike race with other buddies at the front line. In conjunction with the Area II Safety Office, the Drug Abuse Resistance Education office held a Bike Safety Rodeo Aug. 11 in hopes of helping kids understand the importance of safety.

By Cpl. Seo Ki-chul

Area II Public Affairs

YONGSAN — Area II kids attended a Bike Safety Rodeo held at the commissary parking lot Aug. 13 to learn the importance of safety when riding a bicycle.

The Bike Safety Rodeo is one of several annual events the Yongsan Drug Abuse Resistance Education office hosts in conjunction with Area II's Safety Office to get kids in Area II to be aware of the important slogan, 'Safety First.'

"This safety event is a great opportunity for all of us. We need to teach our kids right so we can keep everybody safe on the road," said Col. Ronald C. Stephens, Area II commander.

During the event, accompanied by parents, kids learned how to put on safety gear and perform basic bicycle maintenance through several courses.

Following the bicycle safety and maintenance instruction at five different stations led by Soldiers from the Special

Reaction Team, kids carried out a bike race by themselves in compliance with safety regulations.

For their successful completion of the entire course, a certificate of bicycle safety and giveaways, including three bicycles, were awarded at the end of the event.

"This is a great event for kids. Any kid who is going to plan on riding a bicycle to school or for recreation should definitely come to the event, because those SRT Soldiers have a vast experience in bicycles and teach many informative things to those interested in bicycles," said Pfc. Rachel Hebner, DARE officer, 142 Military Police Company.

Sponsored by USO and Morale, Welfare and Recreation, the second Bike Safety Rodeo will be held 10 a.m. – 1 p.m. Aug. 27 at Hannam Village. Anyone interested in the Bike Safety Rodeo is asked to call 724-4290 or e-mail adam.mark.barnette@korea.army.mil.

E-mail Kichul.Seo@korea.army.mil



Above: Pfc. Ryan Jones, Special Reaction Team, 94th MP Battalion, adjusts Emily Boone's helmet during the Bike Safety Rodeo.



Right: Maria Turmaln, left, smiles after winning a new bike in the Bike Safety Rodeo raffle Aug. 13.



Andrew Stephens puts up a hand signal during the bike safety lesson.

English teachers visit Yongsan

By Sgt. Christopher Selmek

Area II Public Affairs

YONGSAN — Forty three high school English teachers from Daejeon visited Yongsan Aug. 11, to gain first-hand experience with Americans and tour the base, described by one as "the little America inside Seoul."

This satisfied one of the final requirements in training to become an English teacher and also gave the group valuable insight into American culture that they might not have been able to experience in Daejeon.

"Language is much related to culture," said Hwang Jung-hwan, English teacher. "English teachers need to learn more about American culture than many other people, and it helps keep things interesting in the classroom. It can be very rewarding learning from

each other like this."

Most of the teachers instruct classes of approximately 30 children in grades seven through 12. In Korea, English is a required course from third grade onward and is an important part of the SAT.

"English is very difficult for most kids but the ability to learn English is very important," said Kum Suk-young, English teacher. "English is not just an American language anymore, it is becoming an international language and you need to know it to get into a good college and get a good job."

Many of the teachers were impressed with "little America" and wished the tour had allowed them more time to meet and interact with the people of Yongsan.

"When I first came here I was very surprised by the size of the base and



CPL. SEO KI-CHUL

Kum Suk-young, an English teacher from Daejeon City tours the Yongsan library with her colleagues Aug. 11. The teachers visited Yongsan Garrison in an effort to comprehend the U.S. Army and American curricula.

the beauty of the landscape," said Kang Min-jung. "I wish that I could have spent just a few more hours here. I

felt like I had visited America."

E-mail Christopher.M.Selmek@us.army.mil

Bible School provides Christian fun for children



PHOTOS BY SGT. CHRISTOPHER SELMEK

The preschoolers are separated from the older children taking part in Vacation Bible School, Aug. 8-12, and hold their own classes on the first floor of the South Post Chapel. The Vacation Bible School advised children along five daily themes: know God, talk to God, tell about God, love God and work for God.

By Sgt. Christopher Selmek

Area II Public Affairs

YONGSAN — Vacation Bible School ran from Aug. 8-12 at South Post Chapel, putting nearly 300 kids on the roster to experience this year's theme, the Serengeti Trek.

This annual summer program, held every year just before the start of school, is designed to teach elementary school-age children about the Bible and other fundamental Christian values. Helping them in their journey are five animals that preach a new value every day: Zachary the Zebra, Roary the Lion, Elaine the Crane, Gigi the Giraffe and Lug the elephant.

"We want to teach the children about God, and the animals are just another way to help them relate and make it fun," said Maj. Susan Argueta, music director. "The music has been very popular, plus there are skits and snacks that all tie in to the day's theme. Everybody seems to have a great time doing it."

The daily themes, each taught by one of the cartoon animals, are "know God," "talk to God," "tell about God," "love God" and "work for God." Each lesson is related to a particular biblical story that

the kids can then use as a theme for the rest of the day.

"Today we are telling the story of Daniel in the lions den," said Sherry Alexander, program coordinator. "The kids get to play a game where they pretend to be lions, and then we'll eat a snack that's designed to look like a lion. It all ties in, and it's supposed to be fun."

According to Alexander, the songs and excitement often begin to affect the volunteer help and the program can be as much fun for helpers as it is for the kids.

"I decided I should volunteer because it's always a good idea to help little kids learn about God," said Ericka Witkowski. "It's been fun and everyone has a good time."

Though the favorite activity is still snack time, there are some indications that the kids are learning something that may go with them and help them in the rest of their lives.

"They talk about God a lot and tell us that he loves us," said Sarah Park, 7. "I like to hear that, and it makes me happy that I came."

E-mail Christopher.M.Selmek@us.army.mil



Above: Maj. Susan Argueta, music director, sings along with her son, Alec Argueta, and Erin Ray before Vacation Bible School Aug. 9.

Left: Eunice Kim asks a question at the crafts table, where a long line of children create brackets.



Soyon Barber, a parent volunteer at the Vacation Bible School, instructs several children from her group in one of the daily lessons Aug. 9 at South Post Chapel.

The 65-year-old 'Godzilla' defends Area II from danger

By Cpl. Seo Ki-chul

Area II Public Affairs

YONGSAN — It is raining hard outside, with cracks of thunder and flashes of lightning. Suddenly, the lights go out and all operations are paralyzed. The whole area is plunged into confusion and people are getting frustrated by the inclement weather and the loss of their important work files.

Coming to the rescue of those impatiently waiting for lights, a man nicknamed "Godzilla" climbs power poles at the risk of his own life and limb to save the disturbed area. In a few moments, his proficiency in electricity equipment enables all of Yongsan Garrison to be brightly lit and stabilized. Pausing to make sure everything is "good to go," Godzilla then descends the power pole with a sense of accomplishment and, some might say, even joy.

This gigantic monster of a man is 65-year-old Chon Chae-son, an electrician with the Area II Support Activity Directorate of Public Works Utilities Division. For 47 years, Chon has devoted himself to helping maintain a high quality of life for those serving at Yongsan Garrison in Seoul.

He began working for U.S. Forces Korea in 1958. "The economic situation in South Korea was so terrible," said Chon. "It wasn't unusual for most people to skip a meal once a day. To make it much

worse, my father passed away so early that I had to quit school to support my family as a bread winner."

Thanks to an American Soldier stationed in his hometown of Yeosu, Chon began his long relationship with the U.S. Army.

"The first job I got on the base there was to do a regular function check on heating units in the barracks. Even if I had a difficult time getting used to the totally different environment, I tried to work harder than any other worker so I could keep myself and my family from poverty," said Chon. "Just one decade ago, I didn't buy lunch in a restaurant in order to save slight money. My lunchbox has been a good mate to me."

In his many years of service, Chon has worked as mechanical engineer, a security guard and as an electrician. He took a break in 1979, and went to Iran to work as a construction worker, but eventually returned to USFK and the Area II Support Activity DPW, where he earned the nickname, "Godzilla."

"Mr. Chon got the nickname 'Godzilla' because of his aggressive nature in correcting a problem during a power outage. He is an aggressive and hard-working gentleman," said Arthur Gartner, chief of the Directorate of Public Works' Electrical Branch.

"The U.S. Army labor regulation set the retirement age of the electric workers at 60 for fear of unexpected



CPL. SEO KI-CHUL

Nicknamed 'Godzilla,' Chon Chae-son, 65-year-old electrician in Utilities Division, Directorate of Public Works, Area II Support Activity, climbs a power pole on South Post to conduct a regular safety check on electric wires.

accidents," said Chon. His command extended him, so Chon was able to work longer. He said he is still driven by the need to help people. "I am constantly doing my best to make sure my clients can work in a cozy and bright environment," said Chon.

E-mail Kichul.Seo@korea.army.mil

USO visits students at Kangwha Island

By Sgt. Park Jin-woo

Area II Public Affairs

KANGWHA ISLAND — A group of 14 Soldiers and USO volunteers attended the Bukbu Summer English Camp, July 27, in order to spend time with the children and relax around Kangwha Island.

A group of foreigners is invited every year to participate in the event, consisting of 80 Korean middle school children gathered from various schools in Incheon.

"We had first established relationships with the U.S. Army through the USO virtues program and we had visited Yongsan through invitations from USO several times. So, we decided to invite the U.S. military over in return," said Jung Eu-jung, camp supervisor.

"This relationship with the U.S. military provides the children an opportunity to experience first hand what American people are like and what the U.S. military is like, instead of just reading about them through other sources," she added.

The group was welcomed at Kangwha Island with a welcome ceremony including a speech from Chris Beenhouwer, USO program manager.

"Today they are here to share and talk about their homes, family, their different cultures and they are also here to learn about your interests and your friends and families, and I hope you guys together will maybe make some new friends or new big brothers and sisters and at the same time I hope you

guys can be enriched by these young students here," said Beenhouwer.

Each Soldier and volunteer was assigned a class of students to spend the day with. They made introductions to each other, talking about their hometowns, their jobs in the military and answering any other questions the students had.

"The children were great. I couldn't have asked for a better group of children. Right from the start they were asking a bunch of questions about what I do and they were so curious," said Sgt. Lucas Benson, 2-52 Aviation Battalion.

The tour was conducted visiting various historical monuments and museums located throughout the Island of Kangwha.

"I learned about various programs on New Horizons Day and I thought I should try to get involved with the community as best as I can," said Spc. Leon A. Eldridge, 2-52nd Avn. Bn. "I am glad I did because the children were great. I think we both learned a little about each other."

The tour ended late afternoon and the group parted, exchanging contact numbers and e-mails to stay in touch.

"I had a lot of time to talk to the kids and I feel good that we can make an impression on these young children. I think everyone should volunteer at least once to this kind of good relations programs. It not only gives you a chance to explore, but it is a chance to interact with the community," said Staff Sgt. Mark



PHOTOS BY SGT. PARK JIN WOO

Staff Sgt. Mark Rodriguez greets a student teaching him to say "wassup."



Above: Students and USO members walk into Gwangsong dondae to begin their tour. The Gwangsong dondae is a battery built in 1679 to protect the sea lanes from incoming ships.

Right: Spc. Leon Eldridge and two middle school students from the Bukbu English Camp walk while studying their guide book.



Rodriguez, Special Operations Command.

"I was usually a little nervous and scared when I saw U.S. Soldiers," said Kim Kimin, 16, a student at the camp. "After today

I realize I don't need to be scared of them so much. I had a good time and they were very friendly."

E-mail ParkJW@korea.army.mil

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NEWS & NOTES

Hospital Appointments

The 121st General Hospital will experience a decrease in available appointments in certain specialties through Aug. 29. The emergency room will remain open. For information, call 737-6890.

Labor Day Block Party

Raise money for your unit at the Labor Day Block Party. The deadline to reserve a selling space is Saturday. The party itself will be noon – 6 p.m. Sept. 4, in front of Moyer Community Services Center and Main Post Club. For information and to register, call 738-5254.

Hannam Bike Rodeo

A Bike Rodeo for youths, ages 5-15 will be held 10 a.m. - 1 p.m. Aug. 27 in Hannam Village. The rodeo will include bike maintenance and safety tips, an obstacle course, a bike race and a raffle of two bicycles. Participants will receive a certificate of completion and will be eligible for prizes. For information, call the Drug Abuse Resistance Education office at 724-4290.

AFSC Welcome

The American Forces Spouses' Club will host a welcome and activities sign-up 10 a.m. – 2 p.m. Sept. 1 at the Dragon Hill Lodge. Join the group for their annual membership drive, enjoy light refreshments and learn more about the AFSC and Yongsan Community. For

information, call 738-5311.

Labor Day Jam

The Brothers of Lambda Xi Chapter, Omega Psi Phi Fraternity, Inc. will host a Labor Day Jam 9 p.m. – 2 a.m. Sept. 4 in the Naija Ballroom. Tickets cost \$15 in advance and \$20 at the door. Proceeds go towards scholarships and other community projects. For information, call 010-8697-7836.

Soccer and Flag Football

The deadline to enter the Area II intramural soccer and the Area II intramural flag football leagues is Sept. 5. Coaches meetings will be held at Collier Field House at 1 p.m. Sept. 6 for soccer and at 2 p.m. the same day for flag football. Both leagues start Sept. 10. For information, call 736-4032.

Case Lot Sale

The Yongsan commissary is holding a Mega Case Lot Sale 9 a.m. to 7 p.m. Sept. 10 and 11. Come out and enjoy savings on a variety of brands. For information, call 736-7070.

Photo Contest

The 2005 Korea-wide photo contest is open to all U.S. servicemembers on active duty, Army reserve, family members, retirees and Department of Defense civilians. Deadline is Sept. 30 and the award ceremony will be Oct. 25. There are five categories to enter: people, places, things, military life and experimental processes. In addition, the

Free Concert offered Sept. 7

The Korean American Association is sponsoring a special concert of the Korean Symphony Orchestra for United Nations Command, Combined Forces Command and U.S. Forces Korea members and families, 8 p.m. Sept. 7 at the Concert Hall in the Seoul Arts Center. Advance reservations required. To reserve free concert tickets, call 723-4685 no later than Aug. 31. Free tickets may be picked up at the USFK Community Relations Office, Bldg. 2514, Yongsan Main Post in front of the Balboni Theater Sept. 2 and Sept. 6.

MWR buses will be available to transport personnel from Yongsan Main Post to the Seoul Arts Center and return. Round-trip bus fare is \$3 per person. Personnel planning to ride the bus to the concert must pay for bus tickets in advance. Bus tickets may be purchased no later than Sept. 2 at the Multi-Game Room Information Desk, 723-3291, located in the Moyer Community Services Center, Yongsan Main Post. The buses will depart from Moyer at 6:45 p.m. and return at about 10:30 p.m. MWR will not refund unused bus tickets.

three classes will be black and white prints, color prints and short film. Winning entries will be forwarded to the All-Army Photo Contest. For information, call 738-5254 or contact MWR Arts and Crafts.

School Registration

Parents may register their elementary, middle and high school students at the School Registration Office in Room 121 of the Community Service Building, Bldg. 4106, on Yongsan South Post. A birth certificate or passport and a shot record are required to register kindergarten and first-grade students. Command sponsorship or other eligibility documentation must also be presented for all students, depending upon military service affiliation or employment status. For information, call

738-7707.

Commander's Hotline

Area II residents who have questions or comments for the Area II commander can voice them by e-mailing areaiitownhall@korea.army.mil or by calling 738-3484.

News and Notes Deadlines

Deadline for submission to News and Notes is Friday prior to the next week's publication. Announcements will be published on a first-come, first-served basis. Submit items for publication to christopher.m.selmek@korea.army.mil. Each announcement should include who, what, when, where and a point-of-contact phone number. For information, call 753-7352.

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USFK's top NCO visits Kunsan 'Wolf Pack'

By Master Sgt. Brian Orban
8th Fighter Wing Public Affairs

KUNSAN AIR BASE — U.S. servicemembers stationed in the Republic of Korea continue to perform a vital role in maintaining stability in the region and they remain committed to defend the freedoms of those living in this country, according to the U.S. Forces Korea's top enlisted man.

During a stop at Kunsan Aug. 9, Command Sgt. Maj. Barry Wheeler said the dedication of Soldiers, airmen, sailors and Marines based on the peninsula has kept the peace for the last 53 years.

"What we do here in the Republic of Korea is very important because it [also] allows our armed services to focus their attention on the War on Terror, and that's very important," said the command sergeant major, who also serves as the senior enlisted person for United Nations Command, Combined Forces Command and the 8th U.S. Army Command. "If we didn't maintain that 'ready to fight tonight' mentality, other [countries] might make some very poor decisions that we would have to deal with."

Speaking to Soldiers and airmen at the base theater, the 32-year career infantryman said assignments to places like Kunsan pose unique challenges for noncommissioned officers entrusted with training their people and nurturing up-and-coming leaders. Korea is a



AIR FORCE STAFF SGT. RAYMOND MILLS

Command Sgt. Maj. Barry Wheeler chats with Soldiers at Kunsan Air Base Aug. 9. During his visit, the U.S. Forces Korea command sergeant major shared some of his concerns with the Soldiers.

"leadership laboratory" where the focus on one mission and one fight offers fewer distractions to allow NCOs and officers to build strong leaders over the course of 12 short months, he said.

He added that these short, 12-month tours makes assignments to Korea extremely challenging for today's leaders because they have an extremely short amount of time to train their people. By the time troops adjust to the mission in Korea, it's time for them to leave, said the sergeant major, who is now serving his third tour on the peninsula.

During his town hall meeting at the

theater, Wheeler said quality of life at Kunsan and other installations in Korea will receive millions of dollars in needed improvements over the next several years. The command sergeant major pointed to the \$400 million in improvements currently planned at Camp Humphreys as an example of what awaits other bases.

Meanwhile, Kunsan has opened a new fitness center, base exchange, commissary and two dormitories in the past 12 months, with construction under way to build a new eight-story dormitory behind the base chapel.

"In past years, an assignment to Korea was once dreaded by servicemembers of all military branches ... because historically the quality of life wasn't where it should be," Wheeler said.

"We want Korea to be the assignment of choice. Only by improving the service members' quality of life are we going to be able to turn it into the assignment of choice. We want servicemembers to want to come to Korea, and we owe it to our sons and daughters of America to give them our best."

Turning to other issues, the command sergeant major focused on the U.S. military's move to joint basing to consolidate U.S. forces onto fewer military installations stateside as well as overseas.

Joint basing is the way of the future and good fiscal sense to be able to consolidate, he said. For example, Fort Lewis and McChord Air Force Base near Seattle share a fence line but have separate housing and recreation facilities. Under joint basing, the installations would consolidate these types of facilities in addition to merging military operations into fewer, but larger organizations, which in turn saves limited defense dollars.

"The armed service of the future is going to be joint. After all, we can't be successful in our Army operations without the Air Force's help, and we need to be able to know how to operate together," Wheeler said.

Aug. 19-25

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AAFES THEATER	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
CASEY 730-7354	Land of the Dead R	Land of the Dead R	Stealth PG-13	Stealth PG-13	Batman Begins PG-13	The Perfect Man PG	The Perfect Man PG
ESSAYONS 732-9008	The Honeymooners PG-13	The Interpreter PG-13	The Adventures of Sharkboy and Lavagirl PG	No Show	The Adventures of Sharkboy and Lavagirl PG	Batman Begins PG-13	Stealth PG-13
HENRY 768-7724	The Honeymooners PG-13	The Island PG-13	The Island PG-13	Batman Begins PG-13	No Show	No Show	No Show
HUMPHREYS 753-7716	Stealth PG-13	Stealth PG-13	Stealth PG-13	Batman Begins PG-13	Batman Begins PG-13	Land of the Dead R	Land of the Dead R
HIALEAH 763-3120	The Island PG-13	Sisterhood of the Traveling Pants PG	Mr. & Mrs. Smith PG-13	No Show	No Show	No Show	No Show
HOVEY 730-5412	Batman Begins PG-13	Stealth PG-13	Batman Begins PG-13	The Perfect Man PG	Stealth PG-13	Land of the Dead R	Land of the Dead R
KUNSAN 782-4987	Charlie and the Chocolate Factory PG-13	Charlie and the Chocolate Factory PG-13	The Perfect Man PG	No Show	No Show	No Show	Batman Begins PG-13



Stealth -- The Navy develops a fighter jet piloted by an artificial intelligence computer. The jet is placed on an aircraft carrier in the Pacific to learn combat maneuvers from the human pilots aboard. But when the computer develops a mind of its own, it's the humans who are charged with stopping it before it incites a war.



The Perfect Man Holly conceives the perfect plan for the perfect man—an imaginary secret admirer who will romance her mother Jean and boost her shaky self-esteem. When the virtual relationship takes off, Holly finds herself having to produce the suitor, borrowing her friend's charming and handsome Uncle Ben as the face behind the e-mails, notes and gifts. Holly must resort to increasingly desperate measures to keep the ruse alive and protect her mom's newfound happiness, almost missing the real perfect man when he does come along.



The Island -- Lincoln is a resident of a seemingly utopian but contained facility in the mid 21st century. Like all of the inhabitants of this carefully controlled environment, Lincoln hopes to be chosen to go to the "The Island" - reportedly the last uncontaminated spot on the planet. But Lincoln soon discovers that everything about his existence is a lie. He and all of the other inhabitants of the facility are actually human clones whose only purpose is to provide "spare parts" for their original human counterparts.



Land of the Dead In a modern-day world where the walking dead roam, the living try to lead "normal" lives behind the walls of a fortified city. Outside the city walls, an army of the dead is evolving. Inside, anarchy is on the rise. With the very survival of the city at stake, a group of hardened mercenaries is called into action to protect the living from an army of the dead.



The Dukes of Hazzard Bo and Luke Duke, who with the help of their eye-catching cousin Daisy and moonshine-running Uncle Jesse, try and save the family farm from being destroyed by Hazzard County's corrupt commissioner Boss Hogg. Their efforts constantly find the "Duke Boys" eluding authorities in "The General Lee," their famed 1969 orange Dodge Charger that keeps them one step ahead of the dimwitted antics of the small southern town's Sheriff Coltrane.



Mr. & Mrs. Smith John and Jane Smith are an ordinary suburban couple with an ordinary, lifeless suburban marriage. But each of them has a secret — they are actually both legendary assassins working for competing organizations. When the truth comes out, John and Jane end up in each other's cross-hairs.

AAFES THEATER	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
LONG 721-3407	Kingdom of Heaven R	War of the Worlds PG-13	War of the Worlds PG-13	Kingdom of Heaven R	No Show	No Show	No Show
OSAN 784-4930	Dukes of Hazzard PG-13	Dukes of Hazzard PG-13	Dukes of Hazzard PG-13	Batman Begins PG-13	Batman Begins PG-13	Land of the Dead R	Land of the Dead R
RED CLOUD 732-6620	Stealth PG-13	Batman Begins PG-13	Batman Begins PG-13	Mr. & Mrs. Smith PG-13	Mr. & Mrs. Smith PG-13	No Show	Dukes of Hazzard PG-13
STANLEY 732-5565	Batman Begins PG-13	Land of the Dead R	Land of the Dead R	Batman Begins PG-13	No Show	Dukes of Hazzard PG-13	The Perfect Man PG
YONGSAN I 738-7389	Dukes of Hazzard PG-13	Dukes of Hazzard PG-13	Dukes of Hazzard PG-13	Land of the Dead R	Land of the Dead R	Batman Begins PG-13	Batman Begins PG-13
YONGSAN II 738-7389	Dukes of Hazzard PG-13	Mr. & Mrs. Smith PG-13	Mr. & Mrs. Smith PG-13	Mr. & Mrs. Smith PG-13	Monster-In-Law PG-13	Monster-In-Law PG-13	Monster-In-Law PG-13
YONGSAN III 738-7389	Madagascar PG	Madagascar PG	Madagascar PG	Because of Winn-Dixie PG-13	Because of Winn-Dixie PG-13	The Perfect Man PG	The Perfect Man PG

Seek guidance in deciding what is right

By Chaplain (Lt. Col.) James King
Religious Retreat Center

Sometimes we face difficult decisions, trying to determine what is right. While stationed overseas, some are tempted to live differently than they do back home. Circumstances are not always clear, and situations are not always simple.

Even those who are trying to “do the right thing” may find it challenging when they are in unfamiliar territory. Even more complex is the challenge of figuring out what is right at a particular time. Some things are right or wrong in and of themselves, while others may be more cultural or situational.

How can we tell? Here are some

questions we can ask to help identify what is right:

■ *What does the Scripture say?* On many issues, Scriptures give simple and clear instruction. Following God’s teaching is always the right course.

■ *What does my heart say?* God encourages us to listen to our own hearts. This may seem confusing, because one person’s heart may have a different answer than another’s. We should respect each other’s decisions, but we should never violate what our own heart tells us.

■ *What do people I respect say?* Asking someone we trust, like a parent, teacher, or chaplain may be helpful. Other persons may have already thought

through the issue and may have valuable insight for us.

■ *How will this decision affect my relationship with God?* Anything that hinders our relationship with God should be avoided, even if it is not bad in itself. We should participate in activities that strengthen our faith.

■ *How will this decision affect my own health and well-being?* A lot of ethical issues relate to our physical and mental health. God created us, and encourages us to take good care of our bodies.

■ *How will this decision affect my relationships with others?* As we respect each other, we should be careful not to allow our ethical decisions to separate us. We can respect each other’s liberty,

while adhering to our own limits.

■ *How will this decision affect the faith of others?* Each person’s example influences others. We want all of our actions to encourage and inspire faith.

Pray through the questions, asking God to guide you in your decision. Boldly accept the freedoms we have in faith and enjoy life as God intends. At the same time, diligently obey the limits, which are really for our own good. Accept personal responsibility for your choices and their consequences.

When in doubt, wait for God to show you the best way. God is not trying to hide what is best from us. As we seek God, we can decide the best way in every situation.

Area III Worship Services

Protestant

Lutheran	Sunday	8 a.m.	Freedom Chapel
Collective		10 a.m.	Suwon Air Base
		2 p.m.	Camp Eagle
Collective		10:30 a.m.	Zoeckler Chapel
Collective		11 a.m.	Freedom Chapel
		11 a.m.	Camp Long

Gospel	Sunday	1 p.m.	Freedom Chapel
Latter-day Saints		4 p.m.	Freedom Chapel
Contemporary		6 p.m.	Freedom Chapel
Korean		7 p.m.	Camp Long

Catholic

Mass	Daily	11:45 a.m.	Freedom Chapel
Mass	Sunday	9:30 a.m.	Freedom Chapel

Mass	Sunday	1 p.m.	Suwon Air Base
Mass		3 p.m.	Camp Long
Mass		4:10 p.m.	Camp Eagle

Area III Chaplains

Chaplain (Maj.) Raymond A. Robinson Jr.
Raymond.robinsonjr@korea.army.mil

Chaplain's Assistant (Pvt.) Byong K. Min
MinB@korea.army.mil

Ad goes here

Boryeong Mud Festival

Slip-sliding away at Korean beachfront thrills foreign and local visitors alike

By Stacy Ouellette

Eighth U.S. Army Future Operations

BORYEONG CITY – The 8th Annual Boryeong Mud Festival is a week-long celebration held every summer in South Korea.

People from all around the world participate in events such as mud sliding, mud wrestling and beach activities.

Known for its mud, Boryeong has been promoting the positive affects the mud in this region has on skin and beauty for years. The festival began as a way to promote a variety of mud-based cosmetic products. It's grown over the years to attract more visitors to the area.

"Since I came to Korea four years ago, I've heard how fun the mud festival was. I gained a lot from this experience. It was everything I thought it would be," said Jill Reiner, an English teacher in Seoul.

"I met new people and made a few friends. I had a lot of fun getting really muddy together. I would highly recommend others to go."

Reiner was one of 90 people who traveled south to the festival with the Adventure Korea Travel Club. For the past four years, Adventure Korea has organized trips to this event.

According to the Trip Coordinator, Suk Jin-Park from South Jeolla Province, there is so much more than the club scene in Korea. The organization's purpose is to encourage foreigners to get out and see Korea.

"Our purpose is to provide other options for foreigners to get out and see Korea. We plan outdoor activities every weekend to promote our culture and what our country has to offer," Park said.

"Visitors get to see the real Korea

and meet the good people that reside here."

The festival kicked off July 16 and ended July 22. Each day, large mud bath tubs were filled for visitors to climb into and slather themselves with the smooth substance.

Rainy weather on the opening day didn't stop the party goers. The evening had a mud street parade, fireworks and bonfires as part of the celebration.

On the beach, participants played in a mud soccer game or simply enjoyed the water. Kayaks and inner tubes were also available for a small rental fee.

Many of the photos on the festival's Web site depict a majority of non-Koreans partaking in the festivities. Still, there are many Koreans who enjoy sharing this festival side-by-side with foreigners.

"I thought that the festival would be a bunch of foreigners having fun in the mud while the Koreans stood by and did not participate. This was not the case," said Capt. Robert Amstead of Headquarters and Headquarters Company, 8th United States Army, from Mission Viejo, Calif. "There were a variety of nationalities there and everyone was enjoying the festivities and having a good time."

Amstead drove down to the site with a group of friends for the weekend.

"I have gone to many festivals in Korea, so once I heard about the Mud Festival, I wanted to go. It was better than I expected and a really good time," Amstead added.

The Mud Festival Internet site (www.mudfestival.or.kr) provides information about the festival.



PHOTOS BY STACY OUELLETTE

Festival-goers caked in mud slide down the tongue of a huge inflatable shark at the Boryeong Mud Festival. The festival, held each summer, attracts foreigners and locals out to enjoy the beach, water sports and entertainment like mud wrestling. There is always plenty of mud on hand, which many plaster on their bodies like a cosmetic.



Visitors walk along Boryeong beach during the mud festival July 16-22.



Mud-covered guests pose for a photo.



Buckets of mud await festival-goers.



Locals carefully exit this attraction after wrestling each other in the mud.



Rockers Tour Area I

Armed Forces Entertainment and Morale, Welfare and Recreation have teamed up to bring the rock 'n' roll group, Jason James & the Bay State House Rockers, to Area I installations. The group will perform at Camp Stanley's Reggies Friday, Camp Hovey's Iron Triangle Aug. 26, Camp Red Cloud's Mitchell's Aug. 28 and Camp Casey's Primo's Aug. 30. Each show begins at 7 p.m. for information, call 732-6819.

Wrestling Superstars Visit Stanley

Armed Forces Entertainment will present Wrestling Superstars at military installations across the Republic of Korea. World Wrestling Association stars such as "The Patriot," Brandi Wine and Allison Danger will meet in the ring, and hold autograph and photo sessions at Camp Walker, Friday, and Camp Stanley Fitness Center, Sunday. Matches will begin at 7 p.m. and are free and open to the public. The autograph and photo sessions will begin one hour prior to the match. For information, call 732-6819

Tour Program Heats Up in August

The Camp Red Cloud Community Activity Center is offering a bungee jumping tour Saturday. Interested individuals may register at the nearest installation CAC. Buses for the bungee jumping tours will depart the CAC at 8 a.m. the day of the event. For information, call 732-6246.

Golf Course Breakfast

The Camp Casey Golf Course Restaurant is serving breakfast from 6-9 a.m., Monday thru Friday. For information, call 730-4334.

Bowling Center Specials

The Camp Casey Bowling Center offers many special events during the summer months, including: Purchase a Mean Gean's Burger combo meal or 14" pizza and get one free game as part of the free bowling program, 11 a.m. to 2 p.m., Monday thru Friday; The Camp Hovey Bowling Center offers Dollar Bowling Sunday thru Thursday. For information, call 730-5168.

Submitting to TMCW

To have an event or activity highlighted in The Morning Calm Weekly, send event information and a point of contact name and telephone number, to MorningCalmWeekly@korea.army.mil. All submissions are subject to editing to ensure they meet publication standards.

Army lent tech support to 'The Great Raid'

By Maj. F. Lee Reynolds

Army News Service

LOS ANGELES -- Hollywood and the Army continued their cooperative association with the making of the film "The Great Raid."

Set in the Philippines near the end World War II, "The Great Raid" tells the true story of the rescue of 500 Prisoners of War by the 6th Ranger Battalion and Filipino guerillas.

Infiltrating 30 miles behind Japanese lines, the Rangers risked everything to save men imprisoned for almost three years at the infamous Cabanatuan Japanese POW camp.

To provide an accurate portrayal of events, the film makers reached out to the Army for technical assistance.

"We reviewed the script for accuracy and gave advice on things unique to Army language," said Maj. Todd Breasseale, Army Public Affairs office in Los Angeles.

However, the Army support went well beyond advice on language. David Cole of the U.S. Army Center for Military History worked as the historical and technical advisor for the film. "My reviews covered historical accuracy in the storyline, appropriate military action and in some cases for continuity," said Cole.

According to Cole, some of the in-depth technical information included the types of U.S. and Japanese weapons and equipment, uniforms and the specific color of paint used on equipment. Even the actual 6th Ranger stationary letterhead and maps carried during the raid were duplicated.

"The crew that I worked with on this production ... had a desire to 'do it right' ..."

David Cole,

U.S. Army Center for Military History

Cole also helped locate the four surviving P-61 aircraft from World War II and provided specifications on U.S. Army Branch and rank insignia used in the southwest Pacific Area in World War II.

There were also several procedural points that took persuasion.

"It was difficult to get across the concept that privates don't hang around with officers," Cole said. "I still had to convince people that first sergeants do not 'take the point' during the march."

Hollywood can't be expected to know every detail about the Army, officials said. They pointed out that's why the Army Public Affairs office in Los Angeles and the Center of Military History contribute an essential element to the accuracy of Army-based projects. It adds credibility to the film and provides an accurate and positive image of the Army to the American public, officials said.

The film makers can use the information or choose to ignore it. But, as seen with "The Great Raid," they reached out to the Army from the beginning to make the movie as accurate as possible.

"Fortunately, the crew that I worked with on this production were very professional and had a desire to 'do it right' for which I am very grateful," Cole said.

(Editor's Note: Maj. F. Lee Reynolds is with USAR, 361st Press Camp Headquarters, Fort Totten, New York.)

Deadline nearing for Area II Military Idol hopefuls to sign up

Area II Public Affairs

YONGSAN — Area II Military Idol contestants have about two more weeks to register for the Army-wide talent contest affiliated with the "American Idol" television show.

Contestants must register at the Moyer Community Services Center by Aug. 31, according to Mario Farrulla, chief of recreation for the Area II Support Activity.

Competition will begin 7 p.m. Sept. 1 at the Main Post Club Uptown Lounge. Contestants need to be ready with an unaccompanied song in order to participate. The song must be longer than 90 seconds and no longer than 4-1/2 minutes. Judges, local entertainment and music professionals, will determine which contestants advance to the next round Sept. 8.

Sept. 8, contestants need to bring a CD with the song they plan to sing that night. Only one song per performance will be accepted. Contestants may elect to sing a different song each time they advance. Judges and the audience will decide who advances.

Contestants will be interviewed from 1-3 p.m. Sept. 9 at the Main Post Club. The interviews will be sent to the U.S. Army Community Family Support Center for promotion of the Military Idol contest.

Judges will critique performances Sept. 23 and 30, but only the audience will vote for contestants to advance.

Contestants who would like to rehearse their performance may contact Music and Theater Branch Director John Wood at 723-5721.

For information, call 738-5254.

Making 'Memories'



JON HEWITT

Actors Alphonso Gordon Mills and Avery Fields (standing) and Staff Sgt. Cedric Dupins and Kereta Mills, rehearse a scene from Musical Memories, a look at yesteryears through song, dance and literature, will be staged by the Area Community Theatre Music & Theatre Branch Aug. 26-28 at the Moyer Theatre, Building 2259. Showtimes are 7:30 p.m. Aug. 26 and 27 and 2 p.m. Aug. 28. General seating is available at \$3 each. For information, call John Wood at 723-5721.



Staff Sgt. Cedric Dupins and Heejung Gilbert rehearse a scene from Musical Memories. Billed as a revue of the 1930s and 1940s, the production will also include music from "Phantom of the Opera," "Les Miserables," "Cats," and other contemporary musicals.

Dental services available through TRICARE Dental

By Roger Edwards
Area III Public Affairs

CAMP HUMPHREYS—“Uniformed Soldiers are our first priority in treatment,” said Col. Samuel W. Snelson, officer in charge of the Camp Humphreys Dental Clinic. “That includes our assigned KATUSA Soldiers.”

Snelson was addressing attendees at the Aug. 9 Town Hall Meeting concerning options for dental treatment in Korea for those not in uniform.

“After treating our Soldiers, we can treat other priorities on a space available basis as our very limited resources will allow,” he said. “But there is an alternative to waiting for space-a treatment.”

“Under TRICARE Dental, those who qualify for coverage can get excellent dental care from Korean dental professionals,” he said. “And because you are in Korea, most types of treatment will cost nothing except the monthly enrollment fee.”

TRICARE Dental Insurance is a different program from the TRICARE Medical with which most people are familiar. For one thing it requires a separate enrollment. For a family of four the monthly enrollment fee might run as much as \$24.

“It’s a bargain,” Snelson continued. “Enrolled members will pay 50 percent of the fee for prosthodontic, orthodontic and

some restorative services. Everything else from diagnostic and cleaning services to oral surgery and post surgical services, are fully covered.”

“Members pay for care when it’s received,” said Sgt. Kenneth Roberts, TRICARE Dental Representative at the clinic, “but they will be reimbursed in full in about three weeks.”

“That’s far better than the cost of services under the program in the states,” he continued.

“There, based on rank, an insured member will pay anywhere from 20 percent to 50

percent for everything except diagnostic, emergency and most preventive services which are fully covered.

“Considering that the level of dental care in Korea matches that available in the states,” he said, “and that care cost far less in Korea than in America, there are real advantages to taking care of dental problems while assigned to Camp Humphreys.”

The clinic keeps a growing list of Korean dentists who meet high standards of infection control and professionalism, and who speak English. “Most of the dentists have their practices in and around Seoul,” said Roberts, “but there are a growing number in the local area, and there is one clinic just down the street in Anjung-ri.”



Sgt. Kenneth Roberts is the Camp Humphreys TRICARE Dental Representative and is available to answer questions concerning the program.

ROGER EDWARDS

In order to access Korean dental care under TRICARE Dental rules, a member must be examined at the clinic and have a non-availability referral form.

Snelson said that anyone who wants to see a dentist under TRICARE rules will get the exam and non-availability referral.

“I just want to make the point that people who need dental care should not wait for a better day,” said the colonel. “Space available care is limited now, and is growing

more limited.

“Seek the care you need now, even if it means paying out of your own pocket. Keep simple problems from becoming serious.”

A wealth of detailed TRICARE Dental Plan information is available for download online at <http://www.ucci.com/was/uccweb/tdp/tdp.jspp>. Online enrollment can also be done at this site. Information is also available from Roberts at the Camp Humphreys Dental Clinic.



ROGER EDWARDS

Meet the Doctor

Col. Samuel Snelson is a native of Shreveport, La. He earned his Bachelor of Science Degree in Biology from Northeast Louisiana University in 1975 and went on to be awarded his Doctor of Dental Surgery Degree at the Louisiana State University School of Dentistry in 1979. He did his General Practice Residency at the Silas B. Hayes Community Hospital at Fort Ord, Ca, 1979 to 1980 and has practiced his profession and served the Army in NATO, Fort Sill, Ok; Honduras; Germany; and Fort Lewis, Wa, and here in Korea. He has attended the AMEDD Officer Basic and Advanced Courses, Combined Arms Services and Staff School, Command and General Staff College and the Advanced Education in General Dentistry two year program at Fort Hood, Texas. He has been awarded the Expert Field Medical Badge and the Air Assault Badge and is certified by both the Federal Services Board of General Dentistry and the American Board of General Dentistry.

Maj. Raymond Robinson Jr.

New chaplain seeks to strengthen spiritual focus



U.S. ARMY PHOTOGRAPH

Chaplain Raymond Robinson, Jr.

By Eric Griess and Roger Edwards
Area III Public Affairs

CAMP HUMPHREYS – Korea is familiar territory for Area III’s newly assigned chaplain, Maj. Raymond Robinson Jr. He was first assigned to Yongsan as an enlisted Soldier in 1983, and has also served as an installation staff chaplain at Camp Hialeah in Pusan.

Robinson enlisted in the Army in September 1982 and was awarded his sergeant stripes while at

Yongsan, where he was shift supervisor of the heliport. After his discharge he returned to school was ordained and reentered the Army in June 1992.

“God called me to his ministry,” said Robinson.

The major has previously served at Arlington National Cemetery as the Cemetery Chaplain and as a battalion chaplain at Fort Stewart, Ga.; Fort Polk, La.; and Fort Bliss, Texas. He comes to Camp

Humphreys from Fort Myer, Va.

“One of my main goals over the next two years at Camp Humphreys is to bring Soldier morale to a high level,” he said. “I will encourage, equip and empower the people of God to fulfill their God-ordained purpose in life and in service, and will strengthen the spiritual focus of this community.”

“I intend to be a friend, advocate, pastor and enabler for the Soldier while I am here,” he concluded.

NEWS & NOTES

Help Wanted

Applications are being accepted for full and part time Child Care Givers at the new Camp Humphreys Child Development Center. Applicants must be 18 or older, be able to lift 40 pounds, able to read and write English, be a U.S. citizen, be available between 5:30 a.m. and 6:30 p.m. and be able to pass a background check required for working with children. Forms are available at the Civilian Personnel Office. Call 753-8773 for information.

Safe On My Own

The American Red Cross offers "Safe On My Own" Saturday, for children 10 and 11 years old. The course will be held from 10 a.m. to noon in Building 262. Cost is \$10 per student. Pre-pay is required. For information, call 753-7172.

Baby-Sitter Training

The American Red Cross offers "Baby-Sitter Training" from 6 to 8 p.m. Tuesday thru Thursday, for ages 12 and up in Building 262. All three nights of training are required to complete the course. Pre-payment of a \$25 course fee is required. For information, call 753-7172.

Area III School Registration

The Humphreys American Elementary School office is now open from 8 a.m. to 4 p.m. Mon.-Fri., for ongoing student registration. Command and non-command sponsored families are encouraged to register before the first day of school. Please bring the following documents when registering:

- birth certificate
- immunization record
- PCS orders to Korea
- Social Security card for student
- AIP/extension documents if applicable
- A passport with Status of Forces Agreement stamp is required for all non-command sponsored students

For information call 753-8894.

Ration Control Hours of Operation

Ration control is now open 10 a.m. to 4:30 p.m. Monday thru Wednesday and Friday. Ration control closes for lunch from noon to 1 p.m. daily. The office is closed each Thursday and on the 1st and 3rd Tuesday of the month for required trips to Yongsan and to camps Eagle and Long. For information, call 753-6123, or go to the Ration Control Website at <http://pimsk.korea.army.mil/default.aspx>.

Eighteen run Area III race

Area III Public Affairs

CAMP HUMPHREYS – Eighteen athletes participated in the quarterly Area III Mini-triathlon Saturday. A triathlon is a race involving swimming, bicycling and running. The Area III Mini-triathlon requires participants to swim 250 meters, bike 20 kilometers and run 5 kilometers.

Finishers in each division in order are:

Women's Division

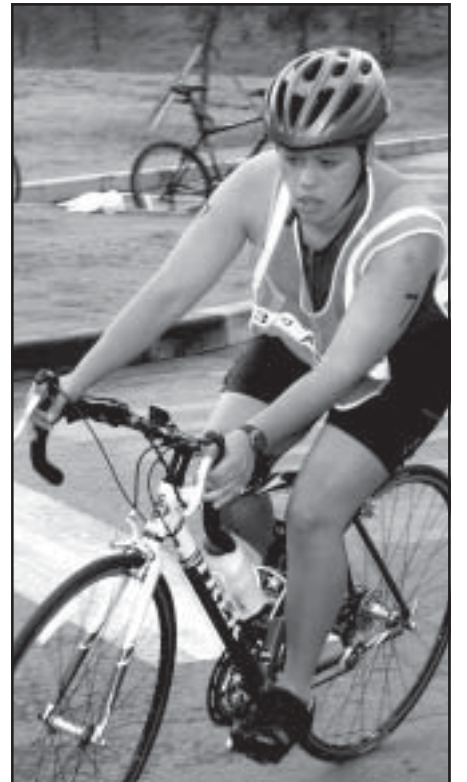
Capt. Lindsey Halter – 56.35
602nd ASB
2nd Lt. Francesca Campos – 56.59
527th MI
Maj. Lisa Keough – 61.55
194th Maint. Bn.
Lori Hayden (Civ.) – 65.09
377th Med. Co.
Capt. Racquel Obmerga – 67.53
568th Med. Co.
Annette Geringer (Civ.) – 72.47
607th CBCS
Kirsten Simonsgaard – 74.53
602nd Avn.

Men's Senior Division

Capt. Brian Burgemaster – 45.47
602 ASB
CW-3 Edward Lopez – 53.39
520th Maint. Co.
CW-3 Donald Estep – 59.31
2nd MFAB
Mark Kuwik (Civ.) – 59.32
AFTEL-3rd MI
CW-5 Paul Barnes – 63.49
USASA

Men's Open Division

2nd Lt. Andrew Taylor – 48.1
568th Med. Co.
Sgt. Noah Bickell – 48.34
607th CBCS
Staff Sgt. Ken Harte – 51.32
527th MI
David Mattingly (Civ.) – 52.39
Dyn Corp
Spc. Albert Dyk – 53.32
2nd MFAB
Pvt. Freddie Davis – 75.53
568th Med. Co.



ROGER EDWARDS

Maj. Lisa Keough starts out on the bicycle leg of Area III's Mini-triathlon Saturday. Her time for all three legs was 61.55.



Touch Up

A workman puts the finishing touches on the new Camp Humphreys Commissary parking lot Saturday. They painted in parking divisions, directional arrows and a special lane specifically for the use of Army and Air Force Exchange Service taxis. The lot is open and is providing much needed parking for the commissary, the exchange, the gym and the theater in Humphreys' downtown area.

Safety, construction drives traffic flow

By Roger Edwards

Area III Public Affairs

CAMP HUMPHREYS – Traffic patterns are changing for the foreseeable future on Camp Humphreys, due to safety considerations and new construction.

P.T. Safety

Driving on Perimeter Road around the northern end of the flightline is now prohibited from 6 to 7 a.m. Monday through Friday. The closure has been ordered to provide Soldiers with a safe place for Physical Training during the early morning hours. Traffic is stopped from the "Y" intersection at Building 1319 at Zoeckler Station on the northeast side of the flightline, to the 3rd Military Intelligence area on the southwest side.

Traffic Safety

Drivers who in the past have made a left-hand turn across traffic into O'Flahavan Loop next to Freedom Chapel, are now being directed to continue west between 7:30 and 8:30 a.m. "It's a safety consideration," said Acting Installation Safety Manager Philip Vincent. "It helps keep traffic from backing up and cuts down on the congestion drivers have experienced there in the past."

Road Closure

New construction on a 96-person bachelor officers quarters and multi-story parking garage has begun in the O'Flahavan Loop area, and will be affecting traffic for the next few years. O'Flahavan Loop, from the housing office to the public affairs office in Building 728 is closed. "We've retained the sidewalk on the north side of the street," said Vincent, "to give Soldiers a safe place to walk – but auto and truck traffic is out."

One Way Traffic

Drivers who wish to reach the Department of Public Works, Travel Office, Household Goods and other facilities along the newly designated one way section of O'Flahavan will find their way blocked with the road closure on O'Flahavan. Drivers can still get where they need to go by taking Gorvad Drive at the KATUSA Snack Bar and turning right, or by entering O'Flahavan Loop from Freedom Road by Freedom Chapel, bypassing the closed section of the street.



ROGER EDWARDS

The section of O'Flahavan Loop that runs from Housing to Information Management will be closed until new construction is completed on the south side of the street. The sidewalk on the north side of O'Flahavan will remain open for foot traffic.

Young flyer aims high, wants to be future pilot

By Roger Edwards

Area III Public Affairs

OSAN AIR BASE – Christina Lee Deren's father Art is proud of his little girl. Christina is a young lady with her feet firmly on the ground but with her head high in the air. She is a 12 year old who is determined to become a pilot and is already working toward that goal.

Art is a civilian employee in Area III Logistics at Camp Humphreys. The family arrived in Korea a little more than a year ago and Christina started flight school at Osan's Aero Club in October.

"I just like to do stuff like this," she said when asked why she had decided to be a flyer. "I don't know why, but I want a career as a commercial pilot or a marine biologist."

Christina enters the seventh grade when school begins later this month and

will be attending Osan's American High School. She said that her favorite subjects are science and language arts, and, "I enjoy Discovery and Animal Planet on television."

Although still a few years away from being able to solo (age 16) and be issued her private pilot's license (age 17), Christina has already completed her formal flight school training and has begun to amass flying experience. According to her father, she has earned 10 flying hours learning maneuvers and doing take offs and landings.

"Flying may be more expensive than other youth activities," said Christina, "but it's lots of fun and may be a career builder."

"I'd like to encourage others my age to come out and get involved," she continued. "If I can do it, they can do it too."



In a pre-flight routine that is religiously followed, Christina Deren and Bill Evans sample the gas in the Cessna's tanks for water. Water can condense inside the tank and bring the engine to a halt while in the air.



Bill Evans gives Christina a few tips about the instrument panel during the pre-flight check of an Aero Club Cessna 172.



PHOTOS BY ROGER EDWARDS

Christina Deren sits at the controls of a Cessna 172 at Osan's Aero Club Saturday, while performing a preflight check. According to Tom Morton, Aero Club manager, The Cessna 172 is worldwide, the most popular market model aircraft in which to learn to fly.



Christina Deren checks engine oil during her pre-flight check while under the watchful eyes of Bill Evans, a private pilot with 300 hours flying time.

SSRT assumes telecom contract

Area III Public Affairs

The former Korea Telephone Kiosk in the lobby of the Camp Humphreys Army and Air Force Exchange Service now carries the name of a new service provider. Samsung Rental Telecom underbid K.T. for the contract in 2001 but left K.T. in place until they were able to put in their infrastructure. SSRT is now providing both telephone and internet service to more than 1,500 Camp Humphreys residents, and is selling cell phones and telephone calling cards at the post exchange.

"We need those people who had service through K.T. to come in and renew their service with us," said Jonathan Oh, SSRT general manager for Camp Humphreys. "It will not cost anything extra, but will help provide uninterrupted service to our customers."

To reach customer service call 031-691-5114.

From left, Rock Lee, Kim Ha-na and Sue Kwan are three of the 10 employees SSRT has in place to serve customers at Camp Humphreys.



Korean National Police tour Daegu enclave



By Kevin Jackson

Area IV Public Affairs

CAMP HENRY – Force protection is every Army commander's concern. However, it wasn't until recently that the Nam-bu Police Station's new leader and his senior staff had an opportunity to visit U.S. Army installations in Daegu to see from the inside looking out what their combat police are safeguarding.

The Area IV Support Activity hosted Nam-bu Senior Superintendent Cho Mu-ho and 15 senior members of his staff Aug. 12 for a tour. The visit was organized to permit the Korean National Police leadership to meet their U.S. Army counterparts and to tour the installations.

The tour was preceded by a first-time meeting between Col. Donald J. Hendrix, the Area IV Support Activity commander, and Cho, who just assumed the Nam-bu Police Station's top post.

"More than anything else, my intent today is for us to get to know one another a little bit better and share the expertise here," Hendrix said during brief welcoming remarks to the Nam-bu police and attending U.S. Army law enforcement and force protection professionals.

"There are a number of things that we talked about, such as expanding (joint) training opportunities," said Hendrix, referring to his meeting with Cho.

The visit began with an overview of

the Area IV Support Activity mission, which is to provide responsible management of the installations and to support mission readiness and execution, while providing for the well-being of the people who work and live inside the camps.

Leaders also had an opportunity to tour the newest barracks on Camp Henry, the Community Activities Center, Commissary and the Hendrix family quarters for a first-hand look at the facilities.

As part of the visit, the KNP dined among U.S. and Korean Augmentation to the U.S. Army Soldiers, and ate American food in the Camp Henry Dining Facility.

The half-day visit concluded with a tour of the Provost Marshal Office, detention cell and motor pool, where the 3rd Platoon, 188th Military Police Company provided a display of its weapons and equipment for the KNP.

According to Jang Bom-sok from the Nam-bu Police Station's Foreign Affairs Section, the highlights of the day were visiting the Hendrix family quarters and the static weapons display.

"They were very satisfied with the tour," he said of his Nam-bu Police Station coworkers. "They especially appreciated Col. Hendrix showing his house to everyone and the weapons

See **KNP**, Page 27

Senior Superintendent Cho Mu-ho of the Nam-bu Police Station checks out an M68 Close Combat Optic Sight mounted on an M4 rifle with M203 grenade launcher during a tour of the Daegu enclave. Cpl. Yang Tae-ju, 3rd Platoon, 188th Military Police Company, conducted a briefing on military police equipment and weapons systems for Cho and 15 senior members of his staff.

KEVIN JACKSON

Army, Kyungpook National University team up for intern program

By Galen Putnam

Area IV Public Affairs

CAMP HENRY – In "Hey Jude" the Beatles sang "take a sad song and make it better." Taking that maxim a step further, Area IV Support Activity and Kyungpook National University officials are taking a good thing and making it even better by building upon an already popular volunteer program and expanding it into a mutually beneficial internship program.

The Good Neighbor Student Volunteer Program got its start in 2000 when several KNU students were invited to assist with the Child and Youth Services After-School Program. The program was formalized in 2003 and since then more than 200 participants have logged hours with various agencies within the Daegu enclave such as Morale, Welfare and Recreation, Army Community Service, the Directorate of Public Works and many more. Approximately 40 students volunteer each semester.

Since its inception, Keimyung University, Yeungnam University and Daegu Health College have also joined the volunteer program.

Student volunteers are required to log a minimum of two half-days per week. While the volunteer program has been hugely popular with students and supervisors alike, there are some logistical drawbacks,

See **Interns**, Page 28



GALEN PUTNAM

Student intern Kim Jun-hwan, a sophomore from Kyungpook National University majoring in electrical and computer science, takes to the controls at the American Forces Network – Daegu Detachment. Kim is scheduled to become a Korean Augmentee to the United States Army Soldier in December.

NEWS & NOTES

SAS Open House

Child and Youth Service on Camp Carroll will host a School Age Services Open House 10 a.m. - 2 p.m. Saturday. For information, call Lloyd Buster at 765-8824.

Military Idol Competition

Army Morale, Welfare and Recreation is sponsoring "Military Idol" a singing competition, with installation-level winners receiving \$500 and a trip to the United States to compete in the Army-wide competition. Sign up at the Hilltop Club on Camp Walker, Henry's Place on Camp Henry, the Busan Pub on Camp Hialeah, or Camp Carroll's Hideaway Club. Contestants can also sign up at the Camp Walker, Carroll and Hialeah community activity centers. Registration deadline is Thursday. For information, call Luis R. Rios at 764-4440.

Labor Day Sporting Events

Labor Day sporting events including softball, sand-pit volleyball and racquetball will be held Sept. 5 at Kelly Field on Camp Walker. Registration deadline is Aug. 31 at the Kelly Fitness Center on Camp Walker. For information, call Chong-hwan Kim at 764-4225.

BOSS Cruise, Tour

BOSS is conducting a Weekend Han River Cruise 6 - 10 p.m. Sept. 3 and Seoul City Tour 10 a.m. - 4 p.m. Sept. 4. Registration deadline is Aug. 29. Tickets are \$25 for Han River Cruise and \$20 for Seoul City Tour. For information call, Sgt. Kenneth Richardson at 764-4426.

Flag Football And Soccer Leagues

Company-level soccer and flag football leagues will begin Sept. 6 and Sept. 12, respectively, at Sweeny Field and Storey Field on Camp Carroll. Registration deadline for both leagues is Aug. 31. For information, call Mark Juliano at 765-8287.

Case Lot Sale

The Pusan Commissary will have a case lot sale 10 a.m. - 5 p.m. Sept. 10 and 11 a.m. - 5 p.m. Sept. 11. For information, call Charles Phillips at 763-7231.

AFTB Training

Army Community Service is sponsoring Army Family Team Building Training 9 a.m. - 5 p.m. Sept. 14 at Camp Hialeah ACS Building. Reservations are required as soon as possible. For information, call Jae Bowers at 763-7271.

EO Course

An Area IV Equal Opportunity Representative Course will be held Sept. 12 - 23. Registration deadline is Sept. 5. For information, call Master Sgt. Matt DeLay at 768-8972, Sgt. 1st Class Stephanie Buxton at 768-8542, or Sgt. 1st Class Monte Tartt at 8692.



PHOTOS BY SEBASTIAN SCOTTI

Master Sgt. Matthew W. DeLay, rappel instructor, provides guidance to Spc. Tiffany Vogel as she begins her descent from the 45-foot rappel tower on the Republic of Korea Army's 201st Special Forces Brigade compound Aug. 11. A Republic of Korea Soldier (left) provides assistance.

Area IV Support Activity Soldiers experience adventure training

By Pvt. Park Kwang-mo

Area IV Public Affairs

CAMP HENRY – The Soldiers of the Area IV Support Activity perform a wide variety of jobs but rappelling isn't one of the tasks they are typically called upon to accomplish.

That all changed Aug. 11, as about 30 Area IV Support Activity Soldiers from Camp Carroll and the Daegu enclave experienced the thrill of walking off the edge of a perfectly good platform at the Republic of Korea Army's 201st Special Forces Brigade compound. The compound is about a 45-minute drive from Camp Henry.

Standing atop the 45-foot rappel tower, designed to resemble a helicopter body, made a few Soldiers queasy. Even though it was only the first or second time rappelling for most of the Soldiers, every participant made two descents without mishap.

"When I first got up there, I was scared," said Spc. Tiffany Vogel. "But it was an exciting and thrilling moment."

1st Sgt. Robin D. Bruns, Headquarters and Headquarters Company, Area IV Support Activity, said completing this challenging training was a good way to remind participants about

the importance of personal courage, one of the seven Army Values. "There's nothing wrong to feel nervous or fear," she said. "The important thing is to face fear with confidence."

As always, safety was emphasized during instruction, practice and the actual training. Noncommissioned officers checked every Soldier's safety seat and other devices to ensure safety. Every Soldier practiced on the ground before descending from the tower.

The off-site training was particularly meaningful to the Area IV Support Activity Soldiers, since a majority of them work in administrative specialties. Master Sgt. Matthew W. DeLay, who led the training, said he wanted to share some of his Infantry experience with the support Soldiers. "Soldiers will be more energetic and motivated through

this kind of training," he said.

Training at the ROKA site was supported by the Republic of Korea Army's 201st Special Forces Brigade, DeLay and Capt. Kim Jung-gu, Area IV Support Activity ROKA staff officer, worked together to coordinate the training.

DeLay said this kind of cooperation reminds us of where we are working and helps foster positive relations between the two countries. "It is my first



Sgt. 1st Class Delma Chapa helps Spc. Oh Jung-hoon fasten his belt and safety seat before ascending the tower.

time to work with the ROK Army but it turned out to be really good experience," he said.

Bruns was glad the ROKA facilities were made available to the American Soldiers. "Hopefully, we will have more chances to use ROK Army infrastructures which we don't have but need," she said.

Three ROK Army Special Forces Soldiers assisted with the training. "It is great to provide our training site to them and work together," said Sgt. 1st Class Kim Ki-hwan.

The training turned out to be a good experience for most Soldiers.

"Although it looks pretty challenging the first time, more practice makes more confidence and excitement at the end," said Cpl. Hwang Ho-suk. "It is pretty helpful to increase combat readiness."

Area IV facilities offering extended business hours

Area IV Public Affairs

Select Area IV Army and Air Force Exchange Service facilities will be offering extended operating hours through Sept. 4. In addition, the Daegu Commissary will be offering extended hours through Sept. 3.

Several Morale, Welfare and Recreation facilities will be extending their hours as well.

Child care facilities including the Camp Henry Child Development Center and Camp Walker School Age Services will be offering extended hours through Sept. 2. Daegu Enclave fitness facilities will be opening earlier and closing later through Sept. 5.

Apple Tree Gift and Thrift Shop on Camp Walker will be open additional days through Sept. 3.

See below for details.

DAEGU COMMISSARY:

Monday: closed; Tuesday – Friday 10 a.m. – 8 p.m. (open one hour earlier, close one hour later); Saturday: 9 a.m. – 7 p.m.; Sunday 10 a.m. – 6 p.m.

AAFES FACILITIES:

SROKA

Mobile PX and Food: 9 a.m. –1 p.m.; 6 – 9 p.m. daily (thru Sept. 4)

Camp Walker

Main PX: 10 a.m. – 8 p.m. daily.

Food Court: 10 a.m. – 9 p.m. daily.

Burger King: 6:30 a.m. – 10 p.m. daily.

Camp Hialeah

PX: 10 a.m. – 8 p.m. daily.

Cafeteria: 7 a.m. – 10 p.m. daily.

Camp Henry

Shoppette: 9 a.m. – 7 p.m. daily.

American Eatery: 6:30 a.m. – 7 p.m. daily.

Camp Carroll

PX: 10 a.m. – 8 p.m. daily.

Food Court: 6:30 a.m. – 10 p.m. daily. (Pizza Hut, Popeye’s Chicken, Subway, Burger King only)

CHILD CARE FACILITIES:

Camp Henry CDC:

Monday – Friday 5:30 a.m.– 8 p.m. (will close early if all children are picked up)

Camp Walker SAS:

Monday – Friday 5:30 a.m. – 8 p.m. (will close early if all children are picked up)

FITNESS FACILITIES:

Kelly Fitness Center, Camp Walker:

4 a.m. – 10 p.m. daily

Indoor Pool, Camp Walker:

5 a.m. – 8 p.m. daily

Fit-To-Win Center, Camp Henry:

5 a.m. - midnight (24-hour access to showers and restrooms from rear of building)

KNP

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exhibition was good. Only a few of our people saw the U.S. weapons at the open house three months ago.”

Cho also appreciated the tour and acknowledged the importance of cooperation between his police station and the U.S. Army. Each day up to 40 of the Nam-bu Police Station’s auxiliary combat police stand guard outside Daegu

installations to provide security.

“We have worked together out(side) of the installation, but it is the first time inside the camps, which is pretty helpful to look over our current security posture,” Cho said. “The Korean National Police will pursue even stronger cooperation with the U.S. Army with regard to security.”

NEWS & NOTES

Master Sergeant Promotion Board

A Department of the Army master sergeant selection board is scheduled to convene Oct. 4. Eligible non-commissioned officers must log on to the Enlisted Records and Evaluation Center Website at <http://www.hrc.army.mil> in advance. To make any data corrections, visit Charlie Detachment, 516th Personnel Support Battalion, Camp Henry, Bldg. 1685 or Camp Carroll, Bldg. T-125. For information, call Chief Warrant Officer NaAngela O’Neal at 768-6957.

RESUMIX Training

The Employment Readiness Program at the Camp Henry Army Community Service is offering hands-on RESUMIX training. For information or an appointment, call Lettie Villarosa at 768-7951. The Area IV Civilian Personnel Advisory Center is offering is also RESUMIX training 1:30 p.m. the last Wednesday of each month at the Civilian Personnel Operations Center Training Center, Bldg. 1208 on Camp Henry. For information, call Irene Francis at 768-6650. For enrollment, call Kim Sang-yun at 768-6625.

Fall Bazaar

The annual Taegu Spouses Association Fall Bazaar will be Oct. 1 – 2 at Kelly Fitness Center on Camp Walker. Several new vendors will be participating this year. For information, call Christie Holmes at 210-6129 or Sherry Page at 210-6005.

Carroll Bank Hours

The Camp Carroll Community Bank’s hours are now 9:30 a.m. – 1 p.m. and 2 – 5 p.m. Tuesday- Friday, and 9:30 a.m. - 3:30 p.m. Saturday.

Ad goes here

Interns

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such a commuting between campus and the work site as well as coordinating work, class and study schedules.

“When we started to formalize the volunteer program we discovered one of the biggest problems we had was the limited amount of time the students have because they are volunteering while they are also attending classes,” said Lorne Hwang, KNU international advisor. “We require a minimum of four hours, twice a week so that’s two mornings or two afternoons a week. That means students have to commute during the school day from campus to Camp Henry or wherever their position. Also, midterms come up, final exams come up or they miss a week for whatever reason and they can’t contribute as much as they want to, or as much as would benefit them in terms of their professional experience.”

The Good Neighbor Student Intern Program eliminates those challenges while offering a number of advantages to student participants and the Army as well. The Army receives full-time interns for entire six-month terms. Students receive an in-depth educational and professional experience without having to juggle classes and commute between campus and the installation.

The intern program got its start informally when a couple of students decided they would like to spend more than just twice a week volunteering so they took a semester off of school and immersed themselves in a full-time volunteer experience.

The intern program was formalized between KNU and the Area IV Support Activity in January 2005. Besides gaining valuable language skills and professional experience, the internships offer other

benefits. KNU credits the cross-cultural experience as an “international” internship, all without the student having to leave the country – saving both travel and lodging expenses. Students also receive a full semester of credit hours for the experience.

The pilot iteration of four interns, including an exchange student from Kwangju University, just completed their semesters. Two of the four extended their internships through August to garner additional experience. Expanded to eight interns in order to accommodate more students, the next batch of interns is set to begin the second week of September.

Officials anticipate eight to 10 KNU interns will participate in the program each six-month semester.

“I wanted to take a break from my studies and volunteer in England for a semester, but my mother was worried about it,” said Lee Shin-hye (Alice), a sophomore social work major who worked at Taegu American School during the school year and is now with ACS on Camp Henry. “At first I was afraid of foreigners but I found they are easier to get to know than Koreans. I have learned from a lot of different people. It was like a family at TAS and it is like a family here at ACS. I’m really, really satisfied with my experience. I would like to come back to work for the Army some day.”

Although still fairly new, the intern program has proven to be extremely popular – and highly competitive. Interns are selected on the basis of their resume, recommendations from professors, their English language skill, interviews with KNU

administrators and the Area IV Army Community Service volunteer coordinator, and other criteria. Selectees are matched as closely as possible to an organization that requires their particular skills.

“I was interested in an international internship so when I saw this on the university home page I thought it would be very helpful for my job career and as a KATUSA because I will become a KATUSA in December,” said Kim Jun-hwan, a sophomore majoring in electrical and computer science who is working with the American Forces Network – Daegu Detachment. “I have learned a lot about American Soldiers and what they think, and about the culture by working with them. It has been very helpful. I have also learned a lot of different aspects of broadcasting and broadcast engineering.”

Supervisors praise the work of their student interns.

“Jun has been a pleasure to work with. He has contributed a lot to the office. It was also a valuable opportunity for the Soldiers to learn more about the Korean culture,” said Sgt. 1st Class Rick Black, American Forces Network – Daegu Detachment commander. “The additional manpower contributed to mission accomplishment and freed up time for the Soldiers to work on other projects. The program provides a great opportunity for both the Army and the interns.”

Program administrators point out the Army receives a positive return from the relationship.

“This is one way for us to communicate with the Korean community. It is important for them to know that Americans aren’t bad people,” said Bonnie McCarthy, Area IV Support Activity volunteer coordinator. “Staff members also experience mentoring a Korean student and learning from them and gaining insight to their cultural background.”

“The program provides a great opportunity for both the Army and the interns.”

– Sgt. 1st Class Rick Black

Ad goes here

말라리아의 예방

상병 서기철

말라리아는 세계에서 아직 치료방법이 딱히 불분명한 전염병 중의 하나로 해마다 3억 내지 5억의 세계 인구가 감염되고 있으며 2-3백만 명이 이로 인해 사망하고 있는 추세이다. 우리나라의 경우 1950년 대를 전후하여 점차 감소하고 있으나 여전히 매년 4천명 가량의 국민이 병에 감염되고 있다. 특히 휴전선 철책선 주변지역인 파주, 연천 지역에서 유행하고 있는 말라리아는 경기 북부지역으로 확산추세에 있다. 뿐만 아니라 최근에는 해외여행 중에 감염되어 사망하는 사례가 늘고 있다. 이번호에서는 우리나라에서 매년 6~9월에 발병하여 순식간에 수많은 생명을 앗아가는 말라리아의 발병원인과 감염을 사전에 예방할 수 있는 방법에 대하여 알아보도록 하자.

**말라리아의 발병 원인

1. 혈액속의 단세포 기생 동물 : 말라리아는 우리 몸 피속에 기생하는 열원충이라는 작은 동물에 의해 일어나는 열병이다. 이 단세포 동물은 인간이나 가축의 피속의 적혈구에 살면서 영양분을 섭취하고 분열하여 여러 마리로 수가 늘어나게 된다. 분열이 끝나면 적혈구를 파괴하고 나와 다른 정상적인 적혈구로 침입하는 일을 반복한다. 이 열원충들 중 일부는 암컷, 수컷 생식세포로 변하여 모기가 물 때 모기 몸 속으로 들어가고 모기의 장에서 수정한 뒤 많은 수의 실날 모양의 포자소체로 분열하게 된다. 포자소체는 모기의 침샘에 숨어 있다가 모기가 다른 사람을 물 때 사람의 피로 들어와 감염된다. 포자소체는 바로 적혈구로 들어가는 것이 아니고 우리 몸의 간으로 들어가 한번 분열한 뒤에 피속으로 나오게 되기 때문에 인체에 더욱 치명적인 영향을 불러일으키게 된다.

2. 중국얼룩날개모기에 의한 전염 : 열원충은 생존을 위해 모기를 이용하게 된다. 그럼으로써 열원충을 기생시키는 모기는 사람에게 병을 전파하는 매개체 역할을 하게 된다. 하지만 열원충은 모든 모기에 사는 것은 아니고 주로 동북아시아 일대에 서식하는 중국얼룩날개모기에 기생하고 있다.

**말라리아 감염에 의한 증상 : 전신적인 발열, 빈혈 및 비장종대, 두통, 혈소판 감소증의 증상이 생긴다. 잠복기는 평균 14일이고 긴 잠복기는 수개월에서 2-3년까지 조직형으로 남아 재발된다.



중국어얼룩날개모기

**말라리아 증상의 순서

1. 오한기: 갑자기 떨리고 (오한)난 후 서서히 열이 나기 시작한다.
2. 고열기: 체온이 39-41℃로 상승하며, 심한 두통과 구토, 갈증, 수시간 지속된다.
3. 발한기: 심하게 땀을 흘린 다음 열이 정상으로 떨어지고, 몸이 피곤하고 졸리게 된다. 단, 발병 초기에는 매일 발열하게 되고 그 후 48시간마다 주기적으로 발열하게 된다.

**말라리아 감염예방책

1. 6월 부터 9월중에는 방충망을 설치한 실내에서 머무르며 모기출현시간에 노출되지 않도록 한다.
2. 모기장을 설치하거나 에어컨을 켜둔 상태에서 수면을 취하도록 한다.
3. 야외활동시 긴소매, 긴바지를 입도록 한다.
4. 노출된 피부에는 30%이하 방충제 성분의 모기퇴치 스프레이를 사용하도록 한다.
5. 어린이에게는 10%이하의 방충제 성분의 모기퇴치 스프레이를 사용하도록 한다. (모기퇴치 스프레이는 가급적 사용을 적게하며 실내에 들어왔을 때는 바로 씻어내도록 하고 어린이의 손에 분사하지 않도록 한다.)
6. 무독성의 모기퇴치약을 걸옷과 모기장에 사용하도록 한다.
7. 모기로부터 자신과 가족을 보호하여야 한다.
<<모기로부터의 보호방법>>
-밤 10시부터 새벽 2시까지 외출을 가급적 삼가한다.
-문이나 창에 방충망을 설치하고 없을시는 모기장을 이용한다.
-취침전 에어로졸, 모기향, 훈증기등의 제제로 모기를 없앤다.
-가축사에 살충제를 월 1회정도 뿌려준다.
-모기가 활동하는 시기(7~9월)에 살충제를 살포한다.

This article is about
"The Way to Prevent
Malaria."

Learn Korean Easily



Language Instructor
Minsook Kwon



"Mohk mahl-lah-yo."
"I am thirsty."

Single Consonants											
ㄱ	ㄴ	ㄷ	ㄹ	ㅁ	ㅂ	ㅅ	ㅇ	ㅈ	ㅊ	ㅋ	ㅌ
g	n	d	r, l	m	b	sh, s	ng	j	ch	k	t
Double Consonants											
ㄲ		ㄸ			ㅃ			ㅆ			ㅊ
gg		dd			bb			ss			jj
Single Vowels											
ㅏ	ㅑ	ㅓ	ㅕ	ㅗ	ㅛ	ㅜ	ㅠ	ㅡ	ㅣ		
ah	yah	oe	yoh	oh	yo	oo	you	ue	ee		
Double Vowels											
ㅘ	ㅙ	ㅚ	ㅜ	ㅝ	ㅞ	ㅟ	ㅠ	ㅡ	ㅣ		
eh	yeh		yeh	weh	wah	wuh	wee		ui		

Word of the week

찬물

ㅈ ; ch, ㅏ ; ah, ㅓ ; n /
ㅑ ; m, ㅕ ; oo, ㅗ ; l
'chahn-mool'

cold water

The phrase of the week

"Please give me cold water."

찬물 주십시오.

Chahn-mool joo-sheep-see-oh.

cold water

Please give me

Conversation of the week

날씨가 너무 더워요.

It's too hot.

**Nahl-see-gah noe-moo
doe-woe-yo.**

뭐 좀 마실까요?

Would you like something to drink?

**Mwoe john
mah-sheel-ggah-yo?**

그럼시다.

Sounds good.

Gue-roep-see-dah.

뭐가 좋을까요?

What would you like?

Mwoe-gah jo-uel-ggah-yo?

냉커피요.

Ice coffee.

Nehng-koe-pee-yo.

얼음물

oel-uem-mool

ice water

찬홍차

chahn-hohng-chah

ice tea

Share this column with a co-worker.